

this Sunday
February 14
don't forget
Valentine's Day!
Where to dine & find the perfect Valentine Gift
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The Bethel Citizen

Vol. CXXI - No. 6

Thursday • February 11, 2016

90¢ a Copy

Serving Bethel and neighboring communities in the mountains of western Maine



The four-legged crew, at Morning Glory Farm in Bethel.

Sophie List

Morning Glory Farm: Sustainable living in Bethel

By AMBER NEWMAN
Special to the Citizen

Maxwell is like a giant puppy, except he weighs a few hundred pounds and is a calf. Taking him from the barn to the pasture is a hilarious 30-second rodeo, and his mother, a four-year-old Jersey cow, isn't much help. The way it's supposed to work is that Fern will follow anyone with a bowl of grain and if you've put Maxwell on a lead rope, he should follow his

momma.

However, sometimes Fern decides — halfway to the pasture — that she's found a tasty looking patch of lawn. Fern weighs about seven hundred pounds. If she wants to stand somewhere and eat grass, she is going to stand somewhere and eat grass. At the same time, Maxwell is bounding in some other direction and taking you with him!

This adventure is a twice daily occurrence for Christine Trefethen and Eric List. They live in Bethel

with their teenage daughter Sophie while their son Elliot has moved on to college. Morning Glory Farm has been their project and passion for the past 15 years, and every day they're growing less reliant on the outside world for their needs. Christine works as a pediatric occupational therapist and Eric is project manager at Clearwater Builders, but they find time to pursue their passions and work toward the life they envision.

Rising extra early before work, they say good morning to their animals: They milk whoever is producing, clean the stalls, feed everyone and bring the cows to pasture. Aster and Azalea are dairy goats, Yaara and Zinnia are the sheep, Fern and Maxwell are the cows, and there are too many chickens to count, let alone name. In an hour or two, fresh milk is in the fridge, the barn is clean, and hens are happy.

See FARM, Page 3

In change of heart, selectmen rethink "Heart & Soul"

By ALISON ALOISIO

After hearing a revamped approach to a "Heart and Soul" project they had postponed joining until next year, Bethel selectmen Monday agreed to reconsider supporting a resolution for the town to participate sooner.

Heart and Soul is described as a program that follows an "explicit process" to bring community members into projects supporting business, non-profits, municipal activities and other community efforts.

A local group of interested citizens and organizations has been meeting since last fall to discuss establishing the program

in Bethel, as a way to try to get residents involved in town planning who otherwise might not.

Heart and Soul is a project of the Orton Family Foundation of Vermont, which recommends that a full-time coordinator be hired locally for a period of about two years.

Bethel Town Manager Christine Landes said at last month's selectmen's meeting that a local effort could be funded initially with \$4,000 shared among participating towns for a coach to train a coordinator during the two years. The Orton Foundation had offered an addition-

See HEART, Page 4

Bethel to seek transit grant

By ALISON ALOISIO

Bethel selectmen Monday approved seeking a \$3,000 grant to support an independent transit network program for residents.

They also voted for a resolution supporting a regional approach for the Age Friendly Community Program, which helped identify transportation as a key concern among local people surveyed recently. Older residents particularly said a lack of transportation might prevent them from staying in their homes as they age.

Town Manager Christine Landes said if the Maine Community Foundation approves the grant application, the \$3,000 would be used to fund a

person to coordinate rides for seniors, the disabled and isolated residents.

Al Cressy, a volunteer with the Age Friendly program, said that, if the grant is approved, Western Maine Transportation would play a key part in the effort, but the plan also calls for recruiting volunteer drivers.

The approach, he told selectmen, would be "Let's start slowly, but let's make it successful."

Organizers hope to work to include people needing rides from other area towns.

The Age Friendly Community Program will hold a discussion meeting on the overall transportation

See GRANT, Page 4

Lenten Lunches, Islamic study incorporate diversity of faiths

By AMY WIGHT CHAPMAN

The season of Lent, which begins on Ash Wednesday and lasts until Easter Sunday, is observed by many a Christian churches as a period of preparation and prayer, during which members may participate in a spiritual practice, such as religious study or reading a daily devotional.

In keeping with these traditions, and with a desire to share in diverse faith practices, the congregation of the West Parish Congregational Church is using the busy Lenten season to reach out to the broader community.

"We're very ecumenical, with people from a lot of faith backgrounds in our congregation," said Rev.

Dr. Tim LeConey, who has served as WPCC's minister since mid-September.

Some members of the church come from Episcopal, Catholic, Jewish, and other traditions, he said, and have found a spiritual home at WPCC.

Ecumenical Lenten Lunches

One longstanding tradition of Lent in the Bethel area is that of many churches gathering together for weekly "Lenten Lunches," a practice begun under the leadership of Rev. Dan Johnson

in 2002.

The lunches are held at noon on Thursdays during Lent at the WPCC. One or two area churches serve as hosts each week, providing a meal of soup, bread, and dessert.

Some of the churches participating are Bethel United Methodist Church, West Bethel Union Church, Locke Mills Union Church, Our Lady of the Snows, and the Bethel Episcopal House Church.

See CHURCH, Page 2

Woodstock board builds budget

By MATTHEW DAIGLE
Sun Media

Town Manager Vern Maxfield told selectmen Tuesday night that it will cost \$23,900 to fix the Whitman Memorial Library roof and to install a new heating system in the Town Office.

He told Selectmen Stephen Bies and Mike Nadeau that he's proposing budgeting \$24,000 for the property management account to cover the expense.

"It wouldn't leave any money left for other property maintenance projects, but I don't think

there is anything else on the horizon," Maxfield said.

At a previous meeting, he said the town traditionally budgets \$17,000 for the account.

The board approved two articles for the annual town meeting warrant. One asks voters to raise and appropriate \$2,000 for repairs on the 1948 Ford firetruck, so it could be used for parades or other events. The other question asks whether to sell the firetruck by sealed bid.

Maxfield said the final draft of the warrant will

See BUDGET, Page 4

February Vacation Scavenger Hunt

Feb 13-21

Find an item at each of 20 local businesses to win cash!

\$5 to play.

Completed cards enter a raffle to win the pot of money!

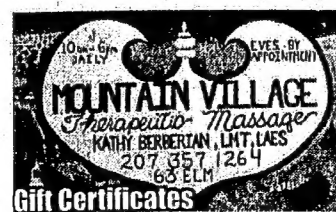
No purchase necessary at the individual businesses.

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Letters

MINISTRY FOR THE HOMELESS

To the Editor:

Please come to a church potluck supper and learn about a homeless mission in Portland. Grace Street Ministry has been working and worshiping with the homeless and marginalized people on the streets of Portland for 20 years. This outreach from West Parish Congregational Church in Bethel provides witness, sharing of presence, and coordination with community services.

The World Service committee is sponsoring a potluck supper and speaker Saturday, Feb. 13 at 6 p.m. Rev. Jeff Logan, co-pastor with Rev. Bob Ross at Grace Street Ministry, will share about their mission with the Homeless in Portland. Bob described the situation in Portland as the Third World in our own backyard.

The potluck supper is a shared meal with people bringing a main dish, a salad, or a dessert. Donations for the Grace Street Mission will be accepted. Dunkin Donuts \$5 gift cards and \$20 Wal-Mart gift cards are very useful. Bob Ross said he can buy boots the necessary sizes with the Wal-Mart gift cards. And the Dunkin Donuts cards let the homeless inside to sit and warm up, while drinking a warm drink. Other specific items sleep bags, baby stuff (wipes and Pampers of all sizes), 3x and 4x winter coats, heavy socks, and gloves (not mittens).

Jane Chandler
Bryant Pond

SKI TICKET REMINDER

To the Editor:

Maine school vacation week is just around the corner. The Bethel Recreation Department would like to remind readers that there are discount ski tickets available for sale in the Bethel town office; cash, checks and credit cards are all accepted.

Mt. Abram tickets are available for \$35 for an all-day ticket.

Sunday River tickets are \$69 for an adult, \$58 for teens and \$48 for juniors and seniors.

These prices are at a significant discount to the full price window and they are available to everyone in the area, not just Bethel residents.

Think snow!

Mary Scanlon
Chairperson, Bethel Recreation Department

JOIN THE SCAVENGER HUNT

To the Editor:

See and do something new right in your own backyard by exploring some local businesses during the February Vacation Scavenger Hunt. If you find everything on the list, you can win cash! Grab your family and friends, hop in the car, and take a walk through the village to check out some new businesses and visit some of your favorites.

Scavenger hunt clue cards are \$5, and everyone who turns in a completed card will enter a raffle to win the pot of money. Cards will be available for pick-up starting Saturday, Feb. 13 at either the Bethel Area Chamber of Commerce (8 Station Place, next to The Gem Theater) or the Philbrook Place shops (162 Main Street). The cards will have about 20 businesses in the Bethel area. Visit each business and look for a certain item listed on the card. When you find each item, a staff person will sign the card. Return the completed card to either the chamber or Philbrook Place by Sunday, Feb. 21 at 6 p.m. for a chance to enter the raffle. You must find all the items to enter the drawing to win.

No purchase is necessary at any of the businesses, but you're sure to see some new merchandise and tasty food. Plus you'll meet the owners and staff of the many shops, restaurants, and other businesses that help make our business community so vibrant. Find more info at www.bethelmaine.com. Enjoy the journey!

Jessie Perkins
Bethel Area Chamber of Commerce

LETTERS TO THE EDITOR

The Citizen welcomes letters to the editor. We hope our readers will regard the newspaper as a public forum for discussing any topic they believe to be of interest to the community. The deadline is 4:30 p.m. Monday. Letters submitted after that deadline will be considered for publication when circumstances permit.

Send your letters to: Editor, Bethel Citizen, PO Box 109, Bethel, ME 04217-0109. Fax: 824-2426. E-mail: news@bethelcitizen.com.

The Bethel Citizen

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Kabbalah-inspired wall hanging on display



A large quilted wall hanging by Maine textile artist Suzan Wachs Katzir hangs in the Garland Chapel at the West Parish Congregational Church. It was purchased at a fundraiser by Rev. Jane Rich of Andover, who presented it to WPCC for display.

A. Wight Chapman

By AMY WIGHT CHAPMAN

The walls of Garland Chapel, the airy, light-filled space adjacent to the West Parish Congregational Church sanctuary, are hung with hand-made quilts, mounted on a pulley system that allows them to be changed out periodically.

In addition to adding color and helping with the acoustics, the quilts have special meaning for church members, who hold Sunday services in the chapel to conserve heating fuel during the winter months.

Most were pieced and quilted by members of the congregation, past and present, including one made by Nell Valentine, who learned to knit, quilt, and tat lace from her grandmother in the late 19th century and was renowned for her own handiwork throughout her long life.

The newest addition to the display is a large quilted wall hanging which incorporates appliques of silk, acetate, and rayon, as well as transfers of digital photography, glass beads, and shisha mirrors (often used in traditional Indian embroidery) to tell the Hebrew story of creation, "The Shattering of the Vessels."

"My original inspiration was a pen and ink drawing by Mark Podwal," said Maine textile artist Suzan Wachs Katzir, who created the wall hanging in 2009.

"While I was working I was listening to a klezmer opera—if you can imagine such a thing—Frank London's A Night in the Old Marketplace. One of the tracks is 'The Ten Faces of G-d,' which explains the shattering of the vessels, the central metaphor of Kabbalah, which found its way into the piece."

In the Jewish tradition, Kabbalah, which means "to receive," is an ancient wisdom that reveals secrets of the universe and life.

The Hebrew words on the quilt are from the Old Testament book of Leviticus and translate as "You shall be holy, therefore holy am I YHVH your God."

"When I was nearly done, it wanted the shisha mirrors," said Katzir, who said that when she is creating art, she often allows the materials to tell her how they want to be used.

"It wasn't until I hung it up the first time that I realized why: so that we can see ourselves in the words of scripture."

Rev. Jane Rich of Andover, who purchased the wall hanging at an auction to benefit the Bangor Theological Seminary, presented it to the church for display.

Church

Continued from page 1

LeConey said the theme for this year's lunches is "The Questions of Jesus," with each host church choosing a question for discussion.

"Jesus asks over 300 questions in the gospels," he said. "That was his way of teaching, of getting people to look at things."

The first of five weekly Lenten Lunches will be held on Thursday, February 18 at noon, and all are welcome to attend.

Islamic study course Beginning on Feb. 14, LeConey will facilitate a five-session Islamic study course on Sundays at 11:45 a.m. in Garland Chapel. Those attending should plan to bring a bag lunch and join in a spirited discussion.

"It seems like a very timely subject—learning to not only tolerate, but be respectful of our Muslim neighbors," he said.

The course is based on a DVD curriculum from Living the Questions (LtQ), a creator of educational resources for progressive Christian churches.

Called "The Jesus Fatwah: Love Your (Muslim) Neighbor as Yourself," the DVD features 17 Islamic and Christian scholars who, according to the LtQ website, "offer reliable information about what

Muslims believe, how they live out their faith, and how we all can be about building relationships across the lines of faith."

LeConey said he expects the weekly sessions to last about 90 minutes. Each will begin with a 20-minute segment of the DVD, followed by a period of questions and open discussion.

The first week's topic is "Islam 101: In Which We Tell You Some of What You Need to Know About Islam," followed by "Misconceptions about Islam: In Which We Help You Adjust Your Malarky Filter" and "Islam in America: In Which We Introduce You to People Who Love America and Pray Towards Mecca."

The final two segments of the DVD course are devoted to "Making Connections," in which non-Muslims and Muslims discuss building interfaith relationships.

"It was interesting to observe the ways in which Muslims and Christians spoke differently about interfaith cooperation," wrote the DVD's creators. "Christians tended to take an intellectual approach, starting with the mind; Muslims were more likely to approach the issue relationally, starting with the

heart."

"This format really opens up a lot of good discussion," said LeConey, who hopes the course will draw participants from throughout the community who are interested in learning more about the Islamic faith.

Pot luck to benefit outreach ministry

On Saturday, February 13 at 6 p.m., the church will host a pot luck supper to benefit Grace-Street Ministry, an outreach ministry to the homeless and marginalized in downtown Portland.

Grace-Street co-pastors Rev. Jeff Logan and Rev. Robert Ross, who is the WPCC's Associate Minister for Outreach, will share stories of mission and ministry on the streets of Portland.

Those attending are asked to bring a dish to share and a donation for Grace-Street. Suggested donations are \$5.00 Dunkin Donuts gift cards, \$20 Wal-Mart gift cards, or winter clothing, sleeping bags, gloves, or heavy socks.

For more information on these or other programs of the West Parish Congregational Church, call the church office at 824-2689 or email westparishucc@gmail.com.

Our Back Pages

By Danna Brown Nickerson

10 years ago: Twice in less than 48 hours, cars spun off the road and smashed into the porch of David Luxton's home on Route 2 in West Bethel.

Lee and Ginny Hutchins celebrated their 60th wedding anniversary with a family gathering at their home.

Deaths: Juliette T. Morin, Sylvia Ring Knights, Margaret K. Belanger, David Conrad Tripp.

20 years ago: Bethel was being considered as the filming site for the film "Myth of Fingerprints."

Maine Press owners Gerard and Deena Gullett were celebrating one year in business in Bethel.

Victoria Coolidge was selected as an entrant in the Miss Maine Teen USA Pageant.

Birth: Bronson Dean.

Deaths: Lily Knight, Mervin L. Fairbanks.

30 years ago: Local inns were packed with visitors for the area's first Winter Wonderland Week. Festivities included hot-air balloon flights, dog sled races, cross-country ski races, tobogganing, skating, snowshoeing, snow-sculpting, and a contra dance.

The Bethel Rotary Club was collecting used and unwanted musical instruments, in working order, for the Telstar music department.

Birth: Ryan Christopher Hathaway.

Deaths: Eugenia M. Haselton, John W. Estes, Beatrice Tetrault, Mrs. Ruth G. Dorian.

40 years ago: Co-captains of Telstar's Varsity Girls' Basketball team were Jackie Gammon and Kathy Richardson.

Portions of the West Bethel Flat Road and the East Bethel road were impassable due to the snow, rain, wind, and zero degree weather.

Birth: Andrew Paul Dinatelo.

50 years ago: Candidates for the title of Queen of the Bethel Winter Carnival were Barbara Douglass, Gayla Farrow, Vickie Robertson, Maryvonne Rolfe and Bonita Zinck.

Reynolds Tree Expert, Co. was trimming trees along Bethel's Main Street.

Birth: Karen Jean Sennett.

Deaths: Mrs. Etta E. Cone, Allan A. Brooks.

60 years ago: At the regular meeting of the Bethel Savings Bank, Mrs. Colleen Boyd was elected assistant treasurer.

The 70th observance of the World Day of Prayer, a union service of all churches in the area, was held at the Bethel Methodist Church.

Births: Michael Gilbert Inman, David James Sargent, Kathryn Woodcock.

Death: Mrs. Evelyn Estella Ripley.

70 years ago: Real estate transfers included: Godwin property on Church Street to C.F. Saunders; Howard farm, Northwest Bethel to Ernest Angevine; Albert Silver place to Royal Reynolds; Daniel Smith place to James Brown.

Deaths: Mrs. Emma J. Day, Miss Gertrude Johnson.

80 years ago: The skating rink was being constructed on Chapman Street on the lot below Wesley Wheeler's.

Birth: Bettyann Butters.

Deaths: James H. Swan, Frank R. Flint, Mrs. Ellis Conant.

90 years ago: Walter Knight, Bryant Pond, won the fiddling championship of Oxford County at a contest in Rumford.

Bethel Inn was entertaining a number of winter enthusiasts. Ski-joring events were being held on Main Street.

110 years ago: E.P. Philbrook was offering two three-month-old thoroughbred Scotch Collie puppies for sale for \$5 each.

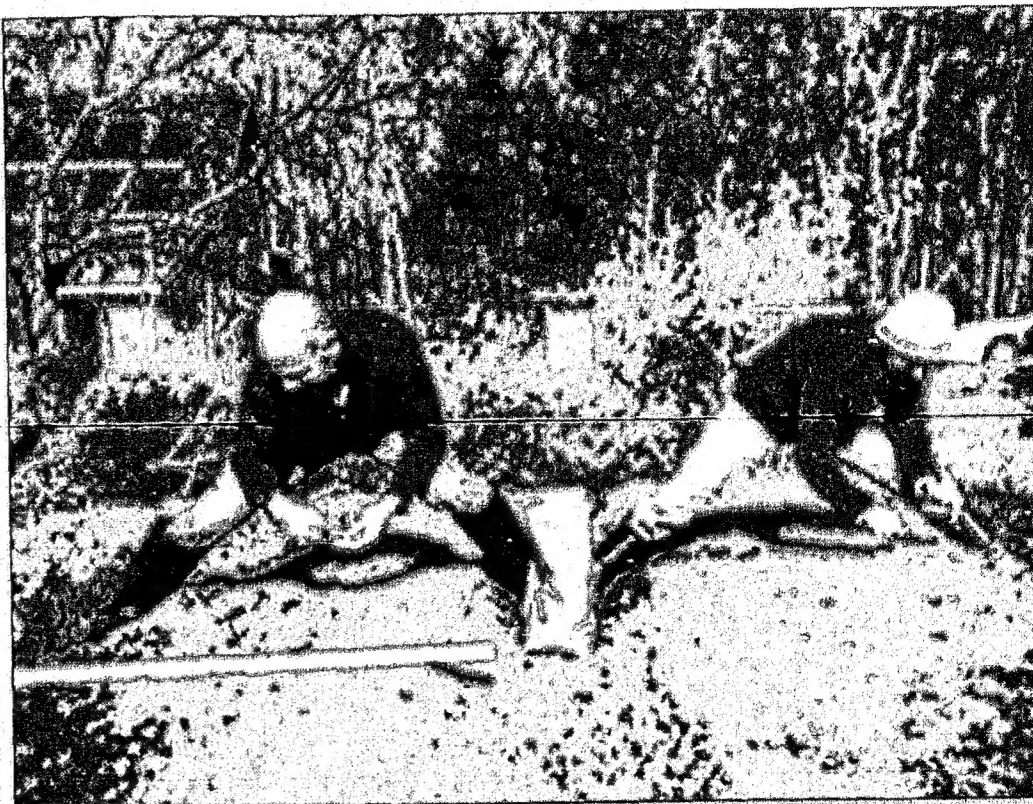
FEB

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2016

Farm

Continued from page 1



Left: Christine with a farm chicken. Above: Eric and Christine combine yoga with planting garlic.
Karen Swanson, Amber Newman

pily pecking about the farm.

Christine says her mom's large garden inspired her to begin farming, but becoming increasingly self-sufficient is one of her own values.

"When we started looking for land to purchase, we looked for property that would allow us plenty of space for a big garden," she said.

Their first endeavor after buying "was to bring the old trees back into fruit production through significant pruning," said Eric.

Local orchardist Beverly Blake was instrumental in teaching Eric how to do this. He also learned about restoration and grafting through MOFGA (Maine Organic Farmers and Gardeners' Association).

"I became greatly enthused learning about developing my skills as an orchardist and reached out to Michael Phillips [who] lives in Stark, New Hampshire on Lost Nation Orchard, and has written two books about using organic methods to grow apples," he said.

Eric considers Michael his current mentor.

As for the animals, Christine said, "that is a newer dream. It started with getting chickens. I adore chickens! Then I read a book called 'The Year of the Goat.' I fell in love with the idea of having goats. Then after spending time at Wrinkle in Thyme Farm with sheep, it seemed like a good idea to get sheep too."

Christine loves to knit and is glad to have her own source of fiber now, she said.

More people are turn-

ing to organic farming as a way to take charge of their diets and grow closer to the land. They want to know their food was raised humanely and with no hormones or pesticides. They want to have a relationship with the farmers in order to support small businesses and families as opposed to large companies with extensive and possibly harmful operations. Not only are people interested in avoiding consumption of pesticides and other additives, they want their food to be grown in ways that don't harm the earth.

One thing that may prohibit people from eating organic is that it's too expensive and difficult to maintain. Christine doesn't think their lifestyle is more costly than a conventional one, though.

"It probably would be [more expensive] if we had to buy all of our food. I do think it takes significantly more time. We grow a lot of our own fruits and vegetables, have our own eggs, milk and chicken," she said. "We buy a lot of our food through our local buying club, Boondocks, and are also members of a food coop, Fare Share, in Norway. We also barter our meat chickens for beef with our neighbor and we purchased pork from another neighbor who raised them for people in the community."

Eric does think it costs more, but Christine said, "It's important to weigh the long term costs with short term savings. Although we may be spending more money on organic food now, we are hopefully saving our land for

future generations to grow food on."

Not only do Christine and Eric employ sustainable methods through their diets and shopping choices, they built their house to be eco-friendly as well. Solar panels produce 100 percent of their energy and sometimes even a surplus which returns to the grid. They built the house with 12-inch thick walls and an 18-inch roof for extra insulation. Even their heat and hot water is solar-powered.

"Water is stored in a 500 gallon tank," said Eric. "The plumbing system has a heat exchanger that collects heat from the waste water from our shower and from the washing machine and this preheats our domestic hot water."

In addition, their barn is primarily made of salvaged or leftover supplies. Repurposing materials for new projects is a great way to save money and trips to the landfill.

Aside from having friends contribute to the farm, Christine and Eric are a part of a work-exchange program called WWOOF, which stands for World Wide Opportunities on Organic Farms. Everything from self-sufficient ashrams to zinnia gardens qualify as "organic farms" as long as they're producing food using sustainable methods. There are more than 2,000 locations in the United States alone. The WWOOF website acts as a matchmaker for people who need an extra set of hands and people who want to learn about agriculture and livestock. Some farms take local helpers for a day, some

require long-term visits of a few months or whole season, but visiting a farm for a couple of weeks is average. WWOOFers are expected to work half days in exchange for housing and meals.

WWOOFing is education outside of institution and tuition. It's a cultural exchange. It's a way to travel and sow new relationships. Learned farmers, beekeepers, cowboys, hippies and homesteaders are all sharing what they know about treading a little lighter on the earth.

"We are eager to share the things we've learned with others," Christine said. So far, Morning Glory Farm has hosted three WWOOFers who have helped in the garden, barn and orchard, but learning doesn't only take place outside. Christine enjoys teaching volunteers to make butter, yogurt, cheese and bread, and Eric loves to share a special granola recipe.

Morning Glory Farm is just getting started. The agenda for summer includes establishing beehives and building a hoop house to grow their own greens during all four seasons. Christine also wants to learn how to spin wool and dye yarn. Eventually, they want to transform their shed into a WWOOFer cabin, too. Ongoing goals include avoiding plastic packaging altogether and promoting a local food economy.

They already have a good support system in place, they said. Nearby friends have sold and mentored them in livestock endeavors, offered hands-on help with infrastructure, and their hay supplier is just across the valley. They also draw inspiration

Briefly

Woodstock selectmen propose electronic signboard

WOODSTOCK- Selectmen last week voted to include an article on the March annual Town Meeting warrant to see if the town wishes to purchase an electronic sign board. It would be placed on the current Town Office sign, Town Manager Vern Maxfield said. He said he had received some requests for such a sign, which would likely have a black background with white letters and would rotate several announcements on the display. He said events such as town meetings, board meetings, Fire Department announcements, school events, and community events could appear on it. "Anything to do with Woodstock," said Maxfield. A 30-inch by 6-foot sign would cost \$10,800.

District Exchange receives \$1,000

BETHEL- Northeast Bank has announced a \$1,000 donation to the District Exchange, an organization dedicated to supporting those in need throughout the Bethel-area, according to a press release. The Northeast Bank Bethel branch continues to serve as a year-round clothing drop location for the organization. "The District Exchange has a long history of success in bolstering needy families throughout Bethel," said Jeanne Hult, president of the Community Banking Division. "We are proud to continue our support of this important organization." The District Exchange was founded in 1992 and has operated as a cooperative venture in collaboration with area towns, churches and a group of dedicated volunteers. The Exchange is a "thrifty shop" for in-season clothes in good wearable condition. Community members can drop off clothing donations at the bank's Bethel branch at 11 Main Street, anytime during normal business hours.

from Moon Dance Farm in Andover and A Wrinkle in Thyme in Summer.

"It's important to me philosophically to care for the soil that our food comes from, and to value the labor that people put into producing high quality food," said Eric. "We participate in a closely knit community, and it has direct positive impact on our health and well-being."

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Stuffed Mushroom Caps \$7

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Heart

Continued from page 1

al \$10,000 a year for each year toward the coach, Landes said. But an estimated \$80,000 would be needed over two years for the coordinator, likely coming from private grants, she said.

The selectmen were wary, however, citing potential costs, other efforts currently underway relating to the town's Comprehensive Plan and sewer rate changes, and the difficulty in getting people to serve on town committees.

Since then, the local group interested in the project has met again to explore ways it could work for Bethel and the region.

At Monday's board meeting Landes said the group still felt it would be beneficial to move forward and "see if we can secure the funding for the \$24,000 coach."

Amy Scott, coordinator for the Bethel Area Non-profit Corporation, told selectmen there has been "quite a lot of interest in the process, in bringing it to the community, both within Bethel but also from some of the other towns."

She said that the Androscoggin Valley Council of Governments said it is willing to be the project sponsor at no charge, and specifically provide administrative/fiscal sponsorship for such functions as transferring money to pay consulting fees. Scott also said BANC is willing to continue with organization and outreach, in particular fundraising, for the effort.

Scott also cited recent

discussion "about the need to get more people engaged in the processes that keep the town running." She noted an anticipated strategic planning process in Bethel, saying "the timing could support that work really well, particularly with reaching out into the community to get people engaged in a way that's different from saying, 'we have an open seat and we need someone to help.'"

She said a resolution, which she planned to draft after the meeting, would talk about supporting a level of commitment by the town that would satisfy the Orton Foundation.

Scott said the resolution would also spell out required contingencies, such as raising enough money to support the project, and recruiting members for a planning team that would need to be set up.

"But if the money did not come through, or if the other pieces really didn't come together, the town wouldn't be liable for anything," she said.

Robin Zinchuk, executive director of the Bethel Area Chamber of Commerce, said that having the support of municipalities would go a long way toward attracting funding. She said a nonbinding resolution would put "the ownership on the planning team to put the pieces together."

Selectman Don Bennett said that while he felt last month that the project was a good idea, "to get people to participate and really

follow through with the whole thing is what you worry about."

But, he said, "I'm willing to sign a nonbinding resolution."

Selectman Peter Southam expressed a similar view.

"I'm in support of the process," he said.

Southam said that last month he felt "we would be asked to commit money to a process that I wasn't sure would also receive the time commitment from the necessary people. I'm happy to have [the project] happen. It sounds like it could be a really helpful process, especially if it informs our strategic plan."

The board agreed to consider a draft resolution by Scott at a special board meeting planned for Feb. 23.

In other business at last week's meeting, the board agreed to meet on the 23rd to discuss wages/raises for town employees. The town budget process is slated for March 15 and 17, for which selectmen meet jointly with the town's Budget Committee.

NOMINATION PAPERS

Town Clerk Christen Mason reported that nomination papers for town elected offices will become available on March 21. Seats that are expiring are Selectmen Stan Howe and Don Bennett, Assessors David Luxton and Stan Howe, and School Board Directors Carol Everett and Elaine Cross.

Grant

Continued from page 1

issue Feb. 24 from 4 to 6 p.m. at the West Parish Congregational Church in Bethel. Residents from other towns are also welcome, Cressy said.

As part of the plan to work regionally, Cressy also proposed that selectmen support a resolution for a regional approach to the Age Friendly Community Program, which is a nationwide network sponsored by the American Association of Retired Persons (AARP).

Cressy said Greenwood had signed a commitment to the AFC program.

A regional approach would be a "milestone" for the AARP program, Cressy said.

"They did not recognize a regional approach. We're the first regional entity in the Age Friendly network," he said. "We're quite excited about how things are coming together."

The Bethel board approved the resolution.

Budget

Continued from page 1

likely be ready by next week.

The annual town meeting is scheduled for 7 p.m. Tuesday, March 29, at Woodstock Elementary School.

In other business Tuesday, Maxfield said Eagle Scout Cameron Rothwell wants to build three benches to be installed at the town gazebo.

"He said that when he gets prices and additional information, he would come back to us," Maxfield said.

Bethel

By DON BENNETT



Coffee Hound

Chris Keegan and Jennifer Litteral serve good coffee

and great food; it's the Lift Ticket for your day. Their food truck is at Sport Thoma in Mayville for the first time this year. Their season here is November to May. The Coffee Hound has been at South Ridge, Sunday River for two years November to May and May to October and at Bar Harbor where it has been in business for four years.

I enjoyed their Maple Leaf latte with Maine Maple Syrup and hazelnut. Coffee Hound offers three signature drinks including my favorite Maple Leaf. Also they have a traveling breakfast or lunch with a flaky buttery layered pastry filled with a choice of omelet, meat or veggies. You can get French Toast on a stick with a swirl of cinnamon and vanilla glazed with Maine Maple Sugar. And for special events or just general information you can call Coffee Hound at 207-735-7787

Snowmobile rentals on the Parkway

I was slow to notice the cluster of snowmobiles on the Parkway at the former and relocated Davis Lumber Company office building. Probably due to the skimpy snow conditions, there is a "Closed" sign on the door. Northeast Snowmobile Rentals. Their website lists three locations: Fryeburg, Gorham and Bethel. Maybe the same company that had been at Bethel Outdoor Adventure, <http://www.northeastsnowmobile.com>.

Energy

This past weekend I went

to Mt. Abram to photograph the solar panel array and sign proclaiming that they hold the world's largest solar snow making site. However, what caught my eye was seeing the old stone dam ruins near the Rabbit Road. Here we have within a few short miles of each other an example of the most modern energy producer in the solar panels and an example of one of the very earliest energy producers in the Bethel area, water power.

Mayville home improvement

This last fall the Legaults purchased the home most recently the residence of Norm and Sylvia Clanton. In the last ten days Paul and his neighbor Don Chase have been clearing much of the small tree growth on the south side of the house to clean up the landscape and improve the view of Mt. Abram from the house.

Paul wrote to me about their project in a recent e-mail. The tree clearing will allow an unobstructed view of Mount Abram's Night Lights from the many rooms in the house. Paul expressed his many thanks to Norman Clanton for keeping this home in such great condition for all those years. The Legaults are very appreciative of having such fine neighbors as the Chases. Don Chase has put in a lot of hard work helping to clear the trees using his own equipment and tractor to move the cut wood away. "Charisa is working on designing the home in a feng shui layout to maximize the positive energy of the house. Her residential kitchen will be a chef's dream kitchen with modern state of the art equipment." Paul plans to renovate this amazing structure from top to bottom

CONTINUED, Page 6

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Lamb with Mint Demi Glaze
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The Way I See It

by Sharon Bouchard

From the TWISI archives: I know on a few occasions I have picked on the guys a little bit and on a few occasions they deserved it, but I'm here to tell you that there are some occasions where they get very high marks from me.

For example, guys can do things; fix-it type things. I mean.

It's strange, but I think it's the same testosterone that makes guys so flaky that also makes them so mechanically inclined. I don't think it's anything that they actually learn as they are growing up. It just seems that once they reach a certain age you can depend on them to fix things that need fixing, not always when you want them fixed, but at least they seem to have a working knowledge of what's broke.

Since my husband had a stroke I have come to realize how many things he used to fix that I don't have a clue about. I always took it for granted that if something didn't work or something needed to be made, he would just do it. Though it was usually on his terms, in his own good time and with a lot of nagging by me, but it eventually would get done.

Now I find myself dependent on the kindness and availability of other guys, primarily my son and son-in-law.

When my husband was in the hospital several years ago I was faced with the challenge of building a wheelchair ramp for the front steps. The hospital gave me a diagram on how to build one which went into slope or grade, angles and strength. They might just as well have given me directions in Greek because it was all gobbledygook, it didn't mean a thing to me. I was in a near state of panic figuring I would never be able to bring Henry home from the hospital because I wouldn't be able to get him

into the house.

I called my son Doug and asked him about putting a sheet of plywood over the steps. Well, stupid me, what did I know about bending in the middle or how steep a slope that would create. Fortunately Doug showed up with wood and tools and created a portable wheelchair ramp. I didn't even complain that it weighed 3,000 pounds and takes three men and a boy to put it in place. The fact is, he knew how to make one and I didn't. Now I hope he is willing to do it again because it now needs replacing and I haven't learned any more about slope or grade, angles and strength.

If something goes wrong with a woman's car, she

There are some women who actually have as good if not better aptitudes for fixing things than men.

doesn't ask another woman what might be wrong with it; she asks a guy. And that guy will probably have a pretty good idea what the problem is. In fact, if she asks another guy and yet another guy, they will all have an idea too; only they won't necessarily be the same idea.

If these guys get together to help the lady out, they would all stand around the car looking under the hood and discussing each other's theories on what's wrong. They would then scratch various parts of their bodies and proceed to tinker until they fixed whatever was wrong. And that's the point; they would fix whatever is wrong.

That amazes me. Chances are no one taught them

auto mechanics, they just seem to know. They even seem to enjoy it! How they can like getting covered with grease and oil and smashing up their knuckles is beyond me, but they do.

I sure wish I had some of that basic testosterone induced mechanical knowledge; then maybe I would be able to hang my new clock. Putting a clock up sounds like a pretty simple procedure, but I have been told, by guys, that because the clock is heavy, I can't just pound a nail into the wall and hang the darn thing. They say I have to know where the studs are so the clock will have some support. What studs? Where? How do I find them? They also said something about molly bolts or lollybolts or maybe it was anchor bolts. See what I mean? Guys just know that sort of thing.

That's not to say that some women are not mechanically inclined. There are some women who actually have as good if not better aptitudes for fixing things than men. But let's face it ladies; those women are the exception. Most of us don't know a socket from a ratchet and have no desire to learn. After all, we do everything else, why should we be expected to be mechanics and carpenters too?

I think men's ability to fix things and build things is their little insurance policy that us women will always need them for something. And they're right, we do, or at least I do.

They way I see it, if any of you guys are feeling not needed or your masculinity is being threatened by independent women, come on over to my place. I have a clock to be hung, a faucet that drips, a door that sticks and a car that ticks and a wheelchair ramp that needs an upgrade. I can promise you that you will never feel as needed.

FEB

11

2016



HAPPY 200TH- At the Feb. 2 Greenwood Selectmen's meeting, State Rep. Fran Head (left) presented a Legislative Sentiment certificate in recognition of Feb. 2 as the date of incorporation for the town. From left are Amy Chapman, Fred Henderson and Arnie Jordan.

Minutes of the Jan. 19, 2016 Greenwood selectmen's meeting

1. Open Meeting - Chair Henderson called the meeting to order at 5:00 p.m. with Selectman Arnold Jordan, Selectman Amy Chapman, Town Manager Kimberly Sparks, and Deputy Clerk Angela Lovejoy in attendance.

2. Pledge of Allegiance -

3. Warrants - It was motioned and seconded to accept Warrant #29 (\$25,438.87), and Warrant #30 (\$118,729.75). Motion passed 3-0.

4. Minutes - It was motioned and seconded to accept the minutes of January 5, 2016 as written. Motion passed 3-0.

5. Comments from the Public - No one was present from the public to comment. Selectman Jordan said he was contacted by Steve Seames regarding the new history book that the Historical Society had just published. He said Seames told him there were misspellings in the book and the Locke's Mills Union Church had been left out of the book. Selectman Chapman said she had received and email from Seames stating much the same thing. She said the book discussed the early history of Greenwood and she wondered what year the church was built - if it was even built during the time frame that the book discusses. Sparks mentioned that Seames' complaint was the only complaint she had had on the book so far. Most people loved the book and appreciated the Historical Society taking the time to put it together.

6. Executive Session - Selectman Jordan motioned and Selectman Chapman

seconded to move into Executive Session at 5:03pm per 1 M.R.S.A. § 405 (6) (E) for an attorney-client consultation. Motion passed 3-0.

7. Close Executive Session - Executive Session ended at 5:30 p.m. No decisions were made.

8. Community Heart and Soul Program - Town Manager Sparks said the group of people spearheading the project still wanted to make it happen despite not being funded by area towns. She said John Maloney of AVCOG had stepped in to help the group.

9. Address Ordinance - Town Manager Sparks mentioned the newspaper had reported some information about the ordinance incorrectly. Chair Henderson said he thought that a fine of \$2,500 for not putting up a house number was going to upset a lot of people. Sparks said the Town Ordinance stated the same fines as the state - \$100 to \$2,500 plus attorney's fees. Selectman Chapman said she thought the ordinance should be amended to impose a fine of not less than \$25 and not more than \$250 for those whose did not put their numbers up. She said the idea was not to punish people - just get them to display their house numbers. Sparks said she was planning on sending out a newsletter regarding the bicentennial celebration and she could include information on the ordinance with it. She said she would make it known that the Town's Fire Department had the ability to make the signs for a small fee. She said

she would have amended the Addressing Ordinance ready for the Annual Town Meeting in May.

10. Meeting with Superintendent Murphy - Town Manager Sparks mentioned the School Board was drafting a letter to the Newry Board of Selectman asking them to agree to forming a committee that included one Board member and two citizens from each town. Their task would be to come up with a new funding formula for the towns. Sparks said the letter would ask that the citizens vote to cease withdrawal from the school before forming the committee. She mentioned that if Newry were to withdraw at this point it would not affect this year's budget but it would affect the following year's budget. She said the Andover withdrawal had not affected Greenwood at all.

11. Maine Bond Bank Application - Town Manager Sparks passed out copies of the application and told the Board she had given a copy to the Town's attorney to review. She said she was waiting on figures from the school district before the application could be sent. She said the deadline was March 23 and a Special Town Meeting would need to be held before then to vote on the final bond application that included exact figures and terms.

12. 2015 Draft Audit - Town Manager Sparks passed out copies of the draft audit. She said the Town's auditor told her everything looked good and he did not have any complaints.

13. Grant Application - Town Manager Sparks mentioned that Woodstock Town Manager Vern Maxfield had applied for a grant on behalf of the Towns of Andover, Greenwood, and Woodstock to help pay for a re-evaluation of the towns.

14. Transfer Station - Town Manager Sparks mentioned that employee Dale Crockett had received a gift card from a resident for helping find lost snow gear at the Transfer Station. She said the resident had thrown the wrong bag into the compactor at closing time. Crockett later looked and found the bag on top of the trash in the compactor and pulled it out. The resident said the snow pants and jacket in the bag were worth \$500 and they were extremely thankful to Dale for above and beyond what his job entailed.

15. Meetings and Events - Town Manager Sparks mentioned the following meetings and events: January 20, 2016 Heart and Soul meeting at the Bethel Town Office with John Maloney of AVCOG at 8 a.m.; Wednesday, Jan. 20, 2016 Workshop at the Town Office with John Maloney and Louise Jonaitis regarding the mill at 10 a.m.; Feb. 2, 2016 Selectboard meeting at the Town Office at 5:00 p.m.; February 9, 2016 Bicentennial meeting at the Town Office at 6:00pm; and Feb. 15, 2016 Selectboard meeting at the Town Office at 5:00 p.m.

16. Adjourn - It was motioned and seconded to adjourn at 6 p.m.

From the OCSD Patrol Log

Tuesday, Feb. 2

At 2:24 p.m. a driver went off the slush covered Songo Pond Road in Bethel. The operator was not injured. Deputy Mike Halacy responded.

Thursday, Feb. 4

At 11:03 a.m. a report was received of a vehicle striking a deer on Songo Pond Road in Bethel. Deputy Dani Welch responded.

At 10:18 p.m. Deputy Derek MacDonald responded to Church Street in Bethel for a report of a found dog. The case was referred to the animal control officer.

Friday, Feb. 5

At 7:37 a.m. Deputy Andy Whitney ran a radar detail in the School Zone at Telstar High School. There were no speeding violations seen.

At 9:19 a.m. Deputy Andy Whitney performed a welfare check on Main Street in Bethel. The subject was all right.

At 12:20 p.m. Deputy Andy Whitney responded to the Greenwood Road in Greenwood for a report of a possible personal injury crash. There were no injuries.

At 1:32 p.m. Deputy Josh Daley responded to Songo Pond Road in Bethel for a vehicle that had gone off the road. There were no injuries.

At 2:36 p.m. Deputy Andy Whitney received a report of juveniles doing cookies in a Bethel parking lot. The two were to be located and summonsed.

At 8:38 p.m. Deputy Derek MacDonald assisted with a call regarding a medical issue on the West Bethel Road in Bethel. Two subjects were involved. One was taken to Stephens Memorial Hospital for evaluation and issued a summons for violation of bail.

At 9:08 p.m. Deputy Derek MacDonald responded to the East Bethel Road for a report of an assault. On arrival the deputy was told the subject had left in a vehicle.

Monday, Feb. 8

At 12:22 a.m. Deputy Josh Aylward stopped a vehicle on Barker Mountain Road in Newry. Further investigation found the driver was intoxicated. David McGoldrick 22, of Brunswick was arrested for OUI.

From the OCSD Jail Log

Feb. 6, 5:11 a.m.: Gregory M. Sessions, 58, of Greenwood, DV assault; by Deputy Derek MacDonald in Greenwood.

Feb. 9, 4:41 p.m.: Jennifer L. Brosman, 35, of Bethel, operating after suspension; by Deputy Derek MacDonald in Bethel.

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Pressed potato chive cakes filled with a blend of fresh mushrooms, vegetables and herbs in a cream sauce
SALAD Choice of house or caesar
ENTREES
Beef Filet 8oz. char-broiled filet wrapped in bacon, topped with mushroom bordelaise sauce
Served with mashed potatoes and vegetable
Salmon Fresh grilled salmon topped with a black raspberry salsa. Served with rice and vegetable
Eggplant Pomodoro Panko herb encrusted eggplant stuffed with zucchini noodles, spinach, roasted red peppers, baby bella mushrooms & mozzarella, finished with marinara sauce served over linguine
Chicken Roulade Chicken stuffed with goat cheese, prosciutto and asparagus. Served on a bed of spinach, topped with sauce Polette
Veal Marsala Tender veal medallions sauteed with mushrooms and marsala wine, with a light brown sauce over linguine
FINALE
Crème Brulee • Apple Pie • Profiteroles
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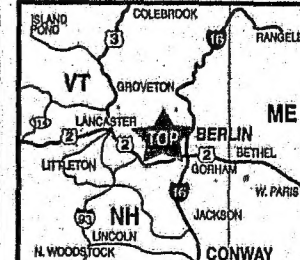


D. Bennett

We were shopping for post cards and stamps to mail messages home when Sue, our chaperone

2016

ON A DEDICATED
 AUGUSTINE FOUNDATION
 WITH PURPOSE OF
 SOLID BROTHERHOOD & MINISTRY

[illegible]

mentioned she thought a man was going to make a pass at me and was following me. I abruptly dashed into a sandwich shop to avert any contact and my friends quickly followed. The shop appeared packed with strange items and had the largest whole cucumber pickles I had ever seen. I gestured to the clerk asking in my best Italian sign language if the pickles were hot. The girls went hysterical as I waved my hands at my mouth miming hot. Hot? Close encounter avoided.

With postcards and stamps in hand we hurried back to the waiting motor coach. Of course we were the last ones to board and felt a bit embarrassed. Our next city was Genoa located on the Mediterranean Sea south of Milan. A warm rain fell on us as we departed, but to get to Genoa we must travel up over the Italian Alps and very quickly we drove into a snowstorm.

Leaving Milan we stopped for a brief visit to Italy's most famous painting, in the church of Santa Maria delle Grazie. The Last Supper by Leonardo da Vinci is painted el fresco on one wall. During World War II on the night of Aug. 15, 1943 bombs dropped by British and American planes hit the church. Much of the building was destroyed, except for a couple walls sand-bagged to protect the precious paintings.

What a thrill for a 16 year old girl from West Bethel I never thought I'd be standing in that church looking at da Vinci's work. This was the first of so many works of art and I reveled in it all. Those Italian men were as talented as I had dreamt. I was about to come face to face with my most favorite artist Michelangelo, but that's another story.

May your week be blessed with good works and happy people.

Contact me on Facebook, at paulkmarie@gmail.com or 836-2266.

One of those sweatpants and T-shirt kind of days for me. Been busy in the kitchen and my breads are rising for the afternoon so as to bake off for supper.

The skiers and snowmobile riders will be happy for the coming snow.

The birds are busy at the feeders this morning. I got Pine Siskins, Blue Jays, Finches, Nuthatches, Chickadees, Juncos, and Woodpeckers galore, also a pair of Cardinals.

Our thoughts and prayers to Cleo Ryerson, Carol Cox and the many others who are having medical issues.

Enjoyed spending time with the kids yesterday and last evening. We do not get to spend much time with them as Craig is always working hauling wood into the mills.

Waterford Fair Association meeting, Sunday, the 14th at 2 p.m. at the Waterford Town Office.

Gotta run, so that's all from the valley this week.

Have a great weekend and wishing everyone a Happy Valentine's Day.

Andover

By JANE RICH



Winners of the Andover Elementary School Geography Bee were: 4th grade Jase Meese, Isabell Casey, Runners-up Chris Morton and Bryan Morton were tied for 3rd.

There's been a lot of talk about Yoga and if you're interested in learning and practicing Yoga, you have the opportunity to attend a class at the school cafeteria. Yoga with Wendy is scheduled to begin Wednesday, Feb. 10 through March 2 at 3 p.m. Cost is \$13 per class or \$48.00 for all four classes.

Leo Camire, Chairman of Andover Olde Home Day is looking for volunteers to serve on the committee. The theme this year will be Honoring Public Safety Personnel which includes EMTs, Sheriffs, State Police, Firemen, etc. Having used the EMTs on a couple of occasions over the last year, I can tell you they should be thanked and honored for the job they do here in Andover because they are our lifeline in emergency situations.

Each year, with your tax bill, it's nice to know you get something as a bonus, taxpayers receive a Cost Control Punch Pass for the Transfer Station. This entitles residents to dispose of one refrigerator, freezer or air conditioner. Items above that amount require a \$15 fee. You may also dispose of a television or computer monitor, additional ones cost \$5 each. You can also get

So. Woodstock

By LOLALEE DILLINGHAM



11:50 a.m. Feb. 8

Another snowstorm headed our way later today and into tomorrow. We have truly been blessed this season so far, with all the milder, storm free days and it has been good on everyone's oil barrels.

Condolences are going out to the families of Winfield Robinson, Frances Noyes, Barry Cordwell, and Anna M. Swan. Thoughts and prayers to each family member.



OLD RESTAURANT BUILDING COMES DOWN-Last week the former Jordan/Cinnamon Stick restaurant building in Locke's Mills was taken down, to make way for two residential log homes, according to Town Manager Kim Sparks. Building permits were issued to the Savage Land Development Corp., according to town records.

Polly Jordan

rid of 8 tires; this DOES NOT include commercial truck tires or heavy equipment tires. Disposal of extra tires requires a fee of \$2 each. To make it more convenient the transfer station attendants can now issue a voucher (bill) for extra items. A copy of the voucher will go to the Town Office and users are expected to pay the fee and will be contacted by the Town Office if they do not. Previously, taxpayers had to go to the Town Office to pay in advance. It is hoped this change will make it more convenient for all. Keep in mind that all shingle disposals must be paid for. Fees range from \$20 to \$75 depending on the size of the load.

Remember the Town Office will be closed on Monday, Feb. 15 for the President's Day celebration.

The Selectmen, Treasurer and Secretary spent about three hours Saturday afternoon working on the Town Report which will be going to the printers in the next week or so. Articles of interest include No. 18: To see what sum of money the town will raise and/or appropriate for the purchase of Personnel Protective Equipment for the Fire Department Personnel (required by OSHA). Selectmen and Fire Chief recommend \$11,500. The present gear can no longer pass as safe. In the interest of economy only a portion of the gear will be replaced this year, but requires this amount. Article No. 26 reduces the Transfer Station budget from \$48,000 to \$43,000. Article No. 55: To see if the Town will vote to raise and/or appropriate

\$500 for the Andover Historical Society to purchase a notebook computer, scanner and back up. Article No. 56 will ask the town to establish a committee to research an alternate form of government structure such as Administrative Assistant, or Town Manager. Volunteers will be needed if this passes. Article No. 58 will ask the town to authorize the Town Clerk to charge those buying cemetery plots an additional \$250 for cornerstones. Having cornerstones on all lots will help in identifying lots.

Locke's Mills

By AMY WIGHT CHAPMAN



O u r Twitchell Pond friend and neighbor David Brainard passed away on Sunday after a long and difficult illness. Thoughts and prayers are with Edith and the Brainard family.

There are so many of us in Greenwood who are grateful to Dave for everything he has done for the town over the years, especially for having shared his expertise and leadership on the Planning Board. He will certainly be missed.

We had a good turnout for cake and ice cream at Greenwood's 200th birthday celebration following last week's selectmen's meeting, the kickoff to our bicentennial celebration year. Sally Smith made the cake, with a photo of a loon that I had taken a couple of summers ago on the

top. Using edible ink and special "paper" made out of sugar, she can transfer any photo to a cake. Modern technology never ceases to amaze me!

Have you heard of the Read to ME Challenge? It's a month-long public awareness campaign to promote childhood literacy in Maine. To accept the challenge, all you have to do is read aloud to one or more children for at least 15 minutes.

If you're tech-savvy, have someone take a photo or a short (15-30 second) video of you reading aloud to kids and post it on social media with the hashtag #ReadtoME or #ReadaloudME and challenge others to do the same.

I accepted Cathy Newell's challenge after she posted it on Facebook. My read-aloud time is scheduled for Feb. 18, when I'll be reading at the Bethel Library for Story Time. The photo I posted was actually a favorite photo of my mom, Ruth Wight, reading to five of her grandchildren at our camp on North Pond, back in 1976. She was a school librarian for many years and loved reading to kids more than almost anything else.

The Maine Dept. of Education suggests that if someone challenges you, and you aren't able to read

aloud to a child within a couple of days, you could consider donating a book to a library, food pantry, or homeless shelter. They also suggest volunteering your time at a library, and singing or just conversing with a child to help build language skills.

And, speaking of libraries, the Bethel Library will host a reading and book-signing with Maine author Naya Clifford this Saturday at 1 p.m. Her debut novel, Into the North Woods, sounds like a great read, and I'm planning to pick up a copy at the event.

As I write this on Sunday evening, Tony is about to start watching the Super Bowl, although without the Patriots to cheer for he claims not to have much interest. I think he is actually more interested in having an excuse to eat the Buffalo wings, nachos, and guacamole I'm planning to make.

E-mail your news to amy.w.chapman@gmail.com, leave a message at 875-5511, or contact me on Facebook.

Upton

By JOE BERNIER



The television meteorologists are predicting the temperature will be 10 to 15 degrees below zero for this area next Saturday night.

I hope the Ladies don't cancel Sunday Breakfast. I might starve before lunchtime.

I have not heard from the State Line Snowmobile Club. I assume that their fishing derby is still scheduled for Saturday, Feb. 27.

I was ecstatic when the new bright red signs started showing up in the Upton area last week. JEB is written in capital letters about six inches high on the top half. The bottom half reads: "Tough. Tested. Ready." My euphoria was short-lived. My wife was not gentle, kind or sympathetic when she explained that the signs

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were not put up in my honor by the dozen or so people that read this column. She left me no doubt that they were put up as a part of a political campaign for one of the presidential hopefuls and not because J.E.B. are my initials.

The Upton Planning Board will meet Friday, Feb. 26 at the Town Office. Please call 633-2010 or e-mail backstjoe@gmail.com with your local news.

Gilead

By LIN CHAPMAN



Winter weather seems to be returning. Personally, I am delighted that

we did not receive the 6 to 9 inches of snow that was presented to the coast last week.

My brother, Steve McLain, stopped by our house last weekend. He was checking up on us to see if there was anything he could do to give us a hand. He is enjoying the fact that there is no plowing to be done.

Last Saturday, the little chipmunk was out on the porch railing for a little while. He seemed to be enjoying the little bit of sunshine that appeared in the afternoon.

Our granddaughter, Sidney Chapman, called us last Saturday night to let us know how her hockey game in Berlin went. She plays for the Berlin Pee Wee team and they won the game with a score of 6 to 1. Sidney scored a goal and she described it as an "open netter from the red line" at the end of the game. On Sunday, the other team that Sidney plays on, The Plymouth Predators, had a game in Lewiston. At the time of writing this column, there was no news as to the outcome of the game.

Tanner McLean came over the other day after school to clean up some of that slippery snowy mess that had accumulated on the porch. He also checked to be sure the car was cleaned off and the mailbox was clear. He is quite an ambitious and reliable young man.

Norm Buttrick and Cathy McGuire were at their place on the Bog Road this past weekend. They were going to stop by for a visit, but Norm is trying to get over a cold and did not want to pass it on to us.

Town Office

There was a little bit of excitement at the Town Office last Tuesday night. A couple came in for their marriage license. They brought the person who performed the ceremony and their wedding party with them and were married right there in the meeting room of the office. Got any news? Call 836-2987 or e-mail chapmal@hotmail.com.

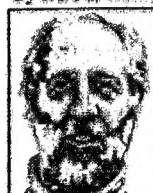


FLY TYING INSTRUCTION OFFERED—The Cancer Resource Center of Western Maine and The Mollycokett Chapter of Trout Unlimited are joining forces to teach interested individuals the art of Fly Tying. No experience is required and materials are provided. Bethel classes will begin Feb. 17 with John Wight, Master Maine Guide, teaching fly tying Wednesdays, 5:30-7:30 p.m. For more information email John@wightgouldacademy.org. Norway classes are currently being taught at the Norway Library on Wednesdays, 5:30-7:30 p.m. by Scott Stone. For more information call 890-7063.

(Submitted photo)

Newry

By DOUG WEBSTER



At the Feb. 3 Select board meeting, the board voted unanimously to approve

Jim Largess's motion to put a referendum question on the June 14 primary ballot. The article will say "To see if voters of Newry want to stop the withdrawal process." The chair of the withdrawal committee, Jim Sysko, had asked the Select board if they could pause the withdrawal process instead of shutting it down. The Board discussed the issue and decided on the current article.

Town Administrator, Amy Bernard, suggested to the Select board that hiring out the printing, organizing and sending of the tax bills would be more efficient and make a better product in the end. The Select board agreed and told her to go ahead and do it.

Don't forget that voting for elected officials will be on March 7 from 8 a.m. to 8 p.m. at the town office. The town meeting will be on March 8 at 7 p.m. at the Bear River Grange Hall. The meeting will be preceded by a potluck supper at 6 p.m.

Bring a dish and come and enjoy some good food and conversation. Also, absentee ballots are available now at the town office. They are due by March 7 at 8 p.m.

The Eddy School will be having a community open house on Feb. 22, 10 a.m. to 11:30 a.m. and again from 6 to 7:30 p.m. If you have any questions please contact Deb Webster at dwebster@alum.mit.edu or at 381-7716. All are welcome to come see the educational choice that exists in your backyard.

Speedy recovery to Susan Owens. Last week she had an incident while jogging on Route 2. She was

jogging at Newry Corner and as a truck rounded the corner, the driver did not see her, and ran over her foot. We are sure glad that it was only her foot. Everyone should be careful on Route 2 and Route 26. Remember, be on the defensive. There are a lot of trucks, and sometimes the drivers might not see you, for whatever reason.

Congratulations to Eric Lowell. His 4.0 average earned him a spot on the President's List while studying Criminal Justice at Husson College. Way to go!

Bryant Pond

By ALICE HOYT



Whitman Memorial Library's program is today (Thursday, Feb. 11) at 2 p.m. Guest

speaker is Jane Chandler talking about "Age-Friendly Community" needs of Woodstock. This is based on a survey taken in the area. She will speak about what the greatest needs are in Woodstock as people age. The public is welcome to attend at no charge. Light refreshments.

Services at the Baptist Church are Sunday School at 9:15, Morning Worship at 10:30, Evening Service at 6 p.m. Wednesday evening at 6:30 is Mid-Week Service, Bloom for girls 13 to 18 and Foundations for guys 15 and up. Saturday, Feb. 13 is Men's Fellowship Breakfast. All men are welcome. Sunday, Feb. 14 is Fellowship Sunday with a potluck dinner following the morning service and

afternoon service at 1 p.m. There will be no evening service this Sunday.

Larry Billings says he now has a full set of dinnerware with roses all over it.

Waterford

By ROCKIE GRAHAM



Today it actually feels like winter. I wore my boots and a warm hat. It was 15 to 18

degrees here. Norway was 23 when we were there. The wood stove burned all day. I put the oil heat on first thing this a.m. Now I am in my study where it is 70 and cozy.

One of my classes was cancelled last week and one may be this week. SNOW. That is ok. We will make it up at the end. For now, I am glad to get there even once a week. Maybe this week I will make all my classes.

It said in the Advertiser that the town of Norway police dept. has begun operation sand box which means they will deliver 5 gallon baskets of sand to elderly residents to spread on icy sidewalks. The buckets were donated by residents. What a great idea! Wish all towns did that. Maybe I should suggest it to Waterford selectmen.

Ben and Jerry's will now be offering nondairy ice cream. To that I can only say YAY! I have been waiting for that for a long time. It is great for us nondairy eaters. Flavors sound great, too; chunky mon-

key, cookies and cream and crunchy peanut butter swirls. I have had none of them not eating dairy. Can't wait to try them...

Thursday, Feb. 11, Alan Day Community Garden seed order is due. Orders can be sent to the Garden at 26 Whitman Street, Norway. FMI Call Rocky Crockett at 346-0708.

This weekend is the Maine Outdoors Festival. Locally that means the Norway Main Snowshoe Festival. Friday, Feb. 12, starting at 10 a.m. there will be an exhibit of Snowshoes at Paul's Antique Attic on Route 26 including Paris Manufacturing Sleds. A \$3 contribution is requested that will go to Norway Food Pantry. Free coffee will be provided.

The festival will start Friday at 10 a.m. with a Lincoln's Birthday snowshoe walk at Sheppard's Farm 121 Crockett Ridge Road. There will be six Bernard Langlais Sculptures and a mile snowshoe loop trail. Snowshoes available upon request.

In honor of Mellie Dunham, the first commercial snowshoe maker, the festival will have a contra dance at the Norway Grange on Whitman Street from 6 to 8 p.m. Pam Weeks will play fiddle and Bill Olson will call. A \$5 contribution is requested. No street shoes are allowed on the dance floor.

At 9:30 a.m. on Saturday, the United Way will hold a Cupid Dash Snowshoe Race at Robert's Farm Preserve, 64 Robert's Road, Norway. There will be 2.5k, 5k, and 10k races. The Annual Family Snowshoe Games will include the annual World's Only Snowshoe Wife Carry 10 a.m. to noon at Robert's Farm Preserve.

That is all for this week. Hope to see some of you at the weekend festivities. Have a great and snowy weekend. To reach me with info please call 743-0583.

Mason

By RICHARD GROVER



We are back in Mason after a week in subtropical Mazatlan, Mexico. Mazatlan is

on the west coast of Mexico at about the same latitude as the southern tip of Baja, Calif., about 185 miles west, across nothing but ocean. In January and February it is often quite

cool and exposed to quite a lot of wind and high surf. Jackets or sweatshirts were in order mornings on the beach before about 10 a.m. and in the evenings after sunset.

Mona and I were guests of my niece Lee Ann and husband Paul Pippenger, who own a beach front condo apartment on the 10th floor of a 13 or 14 story high rise building. They also rent several time share apartments in a vacation resort called Torres next door to their condo, where they host quite a few family members, friends and business acquaintances during the winter months. Lee and Paul put us in a ground floor Torres apartment facing the beach. It was a walk of only a couple hundred feet from our apartment to the rear entrance of their high rise. It was very convenient for us and a wonderful tropical vacation.

We spent quite a few afternoons and evenings with Lee and Paul at the Torres restaurant/bar and open air (under a high thatched roof) entertainment and gathering place on the beach just next door to our condo building's north end. Lee and Paul are friends with and know just about all the bartenders, wait staff and other personnel on a first name basis. Paul is a generous tipper, and is rewarded with incredibly good service.

One of the waiters, nicknamed "Rocket" is a happy-go-lucky fellow who entertains customers with a friendly smile and an incredible stunt; he likes to deliver one of his drinks (usually a frozen daiquiri in a large heavy martini-type glass) balanced on top of his head while carrying other drinks on a tray in his hands! He kind of prances down the 8 or 10 steps from the bar to the dining tables on the beach, smiling and dance stepping all the way. When asked, Rocket also delights guests with his flamboyant presentation of a flaming coffee concoction of some kind, which he pours from a ladle into a cup, raising the flaming ladle 2 or 3 feet above the cup in the process!

I have several observations as a result of traveling there, but since this segment is long enough, I shall include some of them in the next week or two. Adios!

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FEB

11

2016

Arthur Hussey MMGM February Third Thursday speaker

Maine Mineral & Gem Museum (MMGM) is delighted to announce Arthur Hussey II, Professor of Geology, Emeritus, Bowdoin College and MMGM Board Member, as its February Third Thursday Talk presenter. His lecture - The Geology of Southwestern Maine - will be held on Feb. 18, 2016 in Oddfellows Hall in MMGM's Preview Gallery from 3 to 4:30 p.m. The museum is located at 99 Main Street, Bethel. There is ample parking.

MMGM published Arthur Hussey's book, A Guide to the Geology of Southwestern Maine, in the summer of 2015. He is considered by the scientific and enthusiasts' communities alike an entertaining authority of Maine's rich geological diversity.

Professor Hussey holds a BS in geology and mineralogy from Pennsylvania State University, and a PhD in geology from the University of Illinois. He has assisted State Geologists of the Maine Geological Survey with mapping since 1958. In 2000 he retired as Professor of Geology, Emeritus from Bowdoin College, following 39 years of teaching and research.

Each month, Maine Mineral & Gem Museum holds Third Thursdays Tours & Talks. Winter months' feature presentations are held in Oddfellows Hall. Summer months' feature tours are held at renowned regional geological sites. Summer times vary depending on tour location. MMGM Preview Gallery & Store Hours: Monday through Saturday 10 a.m. to 5 p.m. www.mainemineralgemmuseum.org.

Delightful Dessert Extravaganza Saturday at Norway Library

The Delightful Dessert Extravaganza will return on Saturday, Feb. 13, 2016 at Norway Memorial Library from 12 p.m. to 3 p.m. A snow date is set for Sunday, Feb. 14.

This is a drop-in event planned to coincide with Valentine's Day for those who want to choose from a variety of delightful desserts for their special valentine or to top off a special holiday meal.

A large selection of cakes, sweet breads, tarts, cupcakes, and bars will be available to choose from. Boxes will be provided for takeout or you may choose to enjoy your selections with complimentary

coffee or tea at café-style tables in the library.

This event is a fund raiser for the Friends of Norway Memorial Library. Proceeds will support additions to the library's audio and video collections. The cost will be \$5 for five dessert selections.

There will also be a raffle of whole specialty desserts provided by local restaurateurs and other interested bakers including: a Triple Chocolate Bundt Cake made by Karen Ellis, a Sour Cream Coffee Cake Supreme from Lollipapa Farm, a Guinness Chocolate Cake with Bailey's Irish Cream Frosting and Chocolate Ganache

from Mamie's Mountain Whoopies Scratch Bakery, a Blackout Cake by Terry Robinson of Lend-a-Hand In-Home Services, a Fruit Pie from Hungry Hollow, an Awesome Chocolate Cream Pie from the Lake Store, a Peanut Butter Pie from Daddy O's, and an Apple Pie made by Fat Daddy's General Store and Deli with apples donated by Cooper Farms. Happi Chicks Bake Shop will provide a still-to-be-decided dessert for the raffle.

These whole desserts are generously donated by their makers and will be raffled at 2 p.m. during event. You are not required to

be present to win but, because these desserts are perishable, you must be able to pick up your prize by 2:45 p.m. if your name is drawn as a winner.

Tickets are now on sale for \$2 each or three for \$5 at the Norway Memorial Library.

The Friends welcome volunteer bakers to contribute desserts for the fundraising Extravaganza. Prizes will be awarded to three individuals who contribute a baked item.

To register, and to receive guidelines for baking, please stop by the library's information desk or call 743-5309 ext. 1 for more information.

Telstar High School 2015-2016 Winter Sports Teams



TELSTAR HIGH SCHOOL 2015-2016 VARSITY BASKETBALL
Front: Avry Griffin, Elijah Mason, Aaron Vermette, Jarrett Bean, Zachary Stone.
Back: Matt Zinchuk (coach) Blake Rothwell, Tanner Wheeler, Jeremiah Richardson, Connor Landes, coaches Ryan Kimball and Michael Pelletier.



TELSTAR HIGH SCHOOL 2015-2016 J.V. BASKETBALL
Front: Toby Walker, Colby Marriott. Back: Matt Zinchuk (coach) Lucas McGetchin, Elijah Mason, Connor Landes, Jordan McGetchin, Coach Ryan Kimball.



TELSTAR HIGH SCHOOL 2015-2016 ALPINE SKIING
Front: Koley True and Paige Dutterer. Back: Luke Davis, Kevin Hawthorne (coach) and James Newkirk.



TELSTAR HIGH SCHOOL 2015-2016 CROSS COUNTRY SKIING
Front: Kaitlyn Brown and Marta Ople. Back: Coach Wade Kavanaugh and daughter Althea, Carla Boyle-Wight, Ricco Call, Josh Elliot, Kellen True, Elijah Laird, Emily Hanscom, Gaelen Boyle-Wight, and Coach Sarah Southam.



TELSTAR HIGH SCHOOL 2015-2016 GIRLS VARSITY BASKETBALL
Front: Alivia Chapple, Blair Stevens, Becca Howard, Hayley Peterson, Hattie Doyle.
Back: Sadie Richardson, Julla Cherkis, Brooke Richardson, Hannah Evans.

Photos courtesy LifeTouch

FEB

11

2016

Sports

High School Girls' Basketball

Mt. Abram 37, Telstar 34; Jan. 22 - In a close game throughout the Lady Rebels came up a couple of hoops short in a to Mt. Abram. Hayley Peterson led the scoring with 19 points with 15 coming from behind the arc. Becca Howard followed with 8 and Julia Cherkis with 3. Sadie Richardson with 2 and Blair Stevens with 1. - Coach Brian Mills

Telstar vs. Dirigo; Jan. 28 - Trailing 31 to 9 at the half, the Rebels outscored Dirigo 28-25 to finish the game on a positive note. Playing in her last home game Senior Becca Howard led the Rebels with 18 points, Seniors Hayley Peterson with 13 and Blair Stevens 4. Julia Cherkis also had 2 points for the Rebels. - Coach Brian Mills

High School Boys' Basketball

Hyde 70, Gould 22; Feb. 3 - Last week's weather scored the most points against Gould Academy, leaving the school to postpone many events including Prep Snowboard at Kents Hill and the MAISAD Prep Alpine Championship at Shawnee Peak. The Boys' Basketball Team, however, prevailed against the snow and was able to play against Hyde School, who visited Bethel. Unfortunately Gould lost. Gould's Brendan Hyde led for most points.

MVRBL Basketball

The Crew defeated M and M Carpentry 96-93. M and M's big duo of Matt Newell and Matt Zetts had 27 and 21 points. Jason Rosenberg helped with 13 points and Wayne Campbell 12. In other games, 2nd place Archie's (6-2), outlasted a comeback from Bethel, 81-73. Bethel (3-4) was behind by over 20 part way through the game, only to tie in the middle of the second half, but ran out of gas. Bethel had their usual balanced scoring led by Ryan Savage and TJ Taylor with 17 points each, Dom Haines 14 and Ryan Kimball with 10.



MVC ACTION-The Telstar High School Alpine and Cross-Country Ski Teams have been competing in the Mountain Valley Conference championships this past week. Here, THS' Kellen True navigates the slalom course at Titcomb Mountain in Farmington Saturday. He placed 23rd in a field of 63. The MVCs were scheduled to conclude today (Thursday).

Brewster Burns

COMMUNITY CALENDAR

Thursday, Feb. 11

Shadagee Ramblers; 6 to 9 p.m., Open Mic and pizza night, Loose Boots Lounge, Mt. Abram.

Feb. 12 and 13

Free Jewelry Making; Friday 6 to 8 and Saturday 11 to 3, 57 MAINE Arts, 57 Main Street, Bethel. Attendees will make one pair of heart shaped earrings or one heart shaped pendant. FMI: 824-0928 or <http://www.57mainearts.com/>.

Friday, Feb. 12

Valentine Tea; 1 to 3 p.m., Bethel United Methodist Church, 79 Main Street. Everyone welcome.

Saturday, Feb. 13

MLT Family Snowshoe Trek; The Mahosuc Land Trust and Western Mountains Senior College will be celebrating Great Maine Outdoor Weekend with a Rick Churchill led family snowshoe trek on the Valentine property on the North Road in Bethel. Hot drinks and snacks following the trek. Please meet at 10 a.m. at the Mahosuc Land Trust office at 18 Mayville Road to carpool. For further information, please call 207-824-3806.

Delightful Dessert Extravaganza; 12 to 3 p.m., Norway Memorial Library (snow date, Feb. 14). A large selection of cakes, sweet breads, tarts, cupcakes, and bars will be available to choose from. There will also be a raffle of whole specialty desserts provided by local restaurateurs and other interested bakers. FMI: 743-5309 ext. 1.

Oxford Hills Honey Bee Club Meeting; 1 p.m., Oxford County Extension Center, 9 Olson Road, South Paris. The public is welcome. FMI: Christopher (cpeaston@megalink.net).

Portland Homeless Ministry Discussion and Potluck; 6 p.m., West Parish Congregational Church, Church Street, Bethel. Rev. Jeff Logan will share his ministry on Grace Street with the homeless people of Portland. Bring a dish to share and donations for the homeless mission in Portland. Contact Jane Chandler for more information (357-3524).

Jones Dance Band; 7 to 10 p.m., Legion Hall, Church Street, South Paris. Adults/\$5. Old-fashioned dance music.

Sunday, Feb. 14

Great Maine Outdoors Weekend Outing; 1:30 p.m., Akers Ski Parking Lot in Andover Village. A half mile trip via X-C skis or snowshoes to the Lean-to on the Akers ski trails in Andover is scheduled for after lunch on Sunday, February 14th. Snacks and a small bonfire for cooking marshmallows and hotdogs will be provided by the Pineland Ski Club. All ages and abilities are welcome.

A Taste of Lovell; 2 to 4 p.m., Charlotte Hobbs Memorial Library, Lovell. The Harp Lady (E.G. Roth) will entertain with a selection of popular, Broadway, and seafaring songs interspersed with classical instrumental harp selections. Proceeds benefit the library.

"1,000 Feet and Below" Screening; 5:30 p.m., Black Mountain of Maine. A bonus film "Tow-Pony" will also be presented. FMI: Black Mountain of Maine (207-364-8977).

Tuesday, Feb. 16

Safe Sitter Class; 8:30 a.m. to 3:30 p.m., Harper Conference Room, Ripley Medical Office Building, 193 Main Street, Norway. Safe Sitters learn: Infant and child CPR, choking procedure, safety for the sitter, how to call for emergency help, babysitting business skills, basic childcare skills and how to entertain children and keep them safe. The classes are geared for students 11 years and older. Tuition: \$50 (\$15 scholarships are available) FMI/Registration: 743-1562 ext. 6951.

Wednesday, Feb. 17

SeniorsPlus; 2 to 3 p.m., Norway Town Office. Representatives will be on hand to answer any questions or concerns you may have about services and resources for older adults and adults with disabilities and their families. Free and open to the public. FMI/Appointments: 1-800-427-1241.

Into the Woods MLT Speaker Series Presentation; 7 p.m., Shelburne Town Hall, 74 Village Road, Shelburne, N.H. Garret Bonnema recently completed hiking the entire Grid, reaching the summit of each of the 48 peaks in the White Mountains that are over 4,000 feet, in each month of the year - 576 summits! He will share his experience. FMI: 824-3806.

Beginner Fly Tying Classes; 5:30-7:30 p.m. in the Teen Rec Room of the Norway Public Library weekly on Wednesdays through March 30. Presented by the Cancer Resource Center of Western Maine and the Mollyocket Chapter of Trout Unlimited. Classes are free and all fly tying tools and materials are provided. Each session is stand alone, so anyone interested can attend any or all sessions.

Thursday, Feb. 18

Story Time at the Bethel Library; 10 a.m., Bethel Library, 5 Broad Street (across from the Common). Read a story, sing, and play at the library. A parent or caregiver must accompany the child. FMI call the library at 824-2520.

MMGM Third Thursday Talk; 3 to 4:30 p.m., Maine Mineral & Gem Museum, 99 Main Street, Bethel. Arthur Hussey II, Professor of Geology, Emeritus, Bowdoin College and MMGM Board Member, will present his lecture, "The Geology of Southwestern Maine." Professor Hussey holds a BS in geology and mineralogy from Pennsylvania State University, and a PhD in geology from the University of Illinois. He has assisted State Geologists of the Maine Geological Survey with mapping since 1958. FMI: www.mainemineralgemmuseum.org.

Pizza and a Movie Night; 5 to 9 p.m., Frank's Bar and Grille, Fall Line Condos, Sunday River. \$10 includes a large slice of pizza, beverage and ski movie. Proceeds benefit the Ski Museum of Maine.

NAMI FaithNet presentation, "Bridges of Hope" (snow day of March 3); 6 to 7:30 p.m. at the Congregational Church in Andover. It will address the faith/mental health connection and how to bridge the path between faith and mental health challenges. It is free, and all are welcome. Light refreshments will be served. Please RSVP for refreshment reasons. Contact: Linda at 357-3336 or Christine at NAMI Maine 1-800-464-5767.

Shadagee Ramblers; 6 to 9 p.m., Open Mic and pizza night, Loose Boots Lounge, Mt. Abram.

Saturday, Feb. 20

Book-signing and Discussion; 1 p.m., Bethel Library, 5 Broad Street. Maine author Naya Clifford will read from, sign, and discuss her debut novel, Into the North Woods, about a Maine family's experiences with environmental activism and fanaticism. Free and open to the public. Books available for purchase, and light refreshments will be provided. FMI: 824-2520.

Pork Roast Supper; 5 to 6 p.m., VFW Post 9787, 58 Lower Main Street, South Paris. Adults/\$8, kids (under 12) \$4.

Jones Dance Band; 7 to 10 p.m., Legion Hall, Church Street, South Paris. Adults/\$5. Old-fashioned dance music.

Sunday, Feb. 21

Hope Association's 41st Annual Ride-In; 12:30 to 2 p.m., Horizon's Unlimited, 319 Swain Road, Rumford. Buffet lunch and raffle drawing

with great prizes including \$200 cash. Proceeds benefit the Hope Association.

Woodstock Republican Committee Meeting; 2 p.m., 61 Rumford Avenue, Bryant Pond. This meeting is to prepare for the upcoming Republican Caucus. All registered Republicans in the town of Woodstock are invited.

Monday, Feb. 22

National School Choice Week Event; 10 to 11:30 a.m. and/or 6 to 7:30 p.m., The Eddy School, Newry. The Eddy is one of more than 12,000 schools participating in National School Choice Week, the goal of which is to shine a positive spotlight on all types of education options for children. FMI: <http://TheEddySchool.com> or schoolchoiceweek.com.

Regular SAD 44 School Board Meeting; 6:30 p.m., Crescent Park Elementary School.

Special SAD 44 District Budget Meeting; 6:30 p.m., Crescent Park Elementary School to authorize the purchase of 36.9 acre land parcel abutting Telstar for \$76,000.

Wednesday, Feb. 24

Transportation: Is it a Problem for You or Your Loved Ones?; 4 to 6 p.m., West Parish Congregational Church, 32 Church Street, Bethel, sponsored by the Age-Friendly Community Project Team. Join the conversation about how we can have safe and affordable private and public transportation for those who are unable to drive themselves. Local and state experts will be on hand to discuss this important issue. All are welcome. Refreshments. FMI: Jackie Cressy (824-0508).

Community Supper (No Charge); 4:30 to 6 p.m., Bethel Alliance Church, 251 Walkers Mills Rd. (across from the Telstar parking lot). Call 207-824-2289 for more information.

Down Home Maine: Learn About the People of Palestine; 4:30-6:00, McLaughlin Auditorium, Gould Academy, Church Street. Jim Chandler has worked on-line with teachers and students in the West Bank since 2007. In the summer of 2015, he traveled to Palestine to visit friends, learn more about the culture, and help support science education. Sponsored by Western Mountains Senior College. Free and open to the public. FMI: wm-college.blogspot.com.

Woodworking Course; 6 to 9 p.m., Telstar High School, Room 220. Whether you are a beginner and want to learn more about woodworking or if you are an expert woodworker this class is for you. This is a six week course where you can build small or big. Tools are supplied. Instructor: Tim O'Connor. Tuition: \$65 for six weeks. FMI: 824-2136 ext. 1340 or <http://sad44.maineadulted.org>.

Thursday, Feb. 25

SeniorsPlus Long-Distance Learning Event; 1 to 2:30 p.m., West Paris Library. A class on digital hearing aids. Free with pre-registration. FMI/Registration: 1-800-427-1241.

Fourth Thursday Poetry Group; 5:30 to 7 p.m., Rumford Public Library. Bring your own or others' work to share. Help plan for the months ahead. Light refreshments will be served. FMI: 364-3661.

CPR Recertification; 6 to 9 p.m., Bethel Family Health Center. This class will include adult, child and infant CPR and obstructed airway. You must bring your current certificate. 2 year certificate. Limit 6 students. Instructor: Jeannine Thornton. Tuition: \$45. FMI: 824-2136 ext. 1340 or <http://sad44.maineadulted.org>.

Pizza and a Movie Night; 5 to 9 p.m., Frank's Bar and Grille, Fall Line Condos, Sunday River. \$10 includes a large slice of pizza, beverage and ski movie. Proceeds benefit Ski Museum.

FEB

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2016

Telstar Middle School Bi-Weekly update

TMS 6th grade:
Science: In 6th grade science, students are working on how organisms have changed over time. They have made fossils using bread, conifer coughs and books to simulate the earth and time passing. It was amazing to see the details in the bread, and how smooshed the bread got!

Students got a chance to look and examine real fossils from the 9th grade science lab and were stunned at how complete some of the organisms were.

The students are also gearing up for the science expo to be held March 15, 2016. Each student has created an experiment and will be presenting it that night. It is exciting to see the different ideas of the experiment and variables they have chosen.

The science expo is open to all students K-12 to showcase their science and some community folks will also be joining us.

Math: In math, students are finishing up a unit on fractions. After reviewing basic skills and adding and subtracting, they moved onto creating models to demonstrate multiplication of fractions. Now, they are solving

problems that involve fractions, decimals and percentages and are learning to evaluate and order them on number lines. They will finish by creating conceptual models to demonstrate division of fractions by fractions then practice that skill as well using the standard algorithm.

The weekly homework competition called the Minute Challenge is heating up, and two classes are neck and neck. The students will calculate this week's mean (or average) and it might be a nail biter as this will determine who earned the popcorn party.

ELA: In Language Arts students recently finished a book group unit and are now reading independent novels. They are learning the steps to writing a constructed response based on a text they have read. They have just started a figurative language group project where they will be teaching the class about a specific figurative language term, such as personification.

Social Studies: Students finished reading The Adventures of Ulysses by Bernard Evslin and will be moving on to study the characteristics of civiliza-

tions in Ancient Greece. They continue to work on their constructive responses comparing Athens and Sparta.

For the month of February, we have three Superstars! They are: In the sixth grade: April Thurston, seventh grade: Meadow Wind, eighth grade: Kevin Lund Briggs. Congratulations to all of our Superstars for an awesome month of hard work, positive attitudes and community contributions!

TMS general:
Update on the Cafeteria Makeover Project: Through generous donation from the community, The Peer Ambassadors have raised a good deal of money towards the makeover project. The donation cans have been removed from the Bethel businesses that generously allowed Telstar to collect for the project. Thanks to the Bethel Foodliner, Mallard Mart, The Funky Red Barn, and Irving for their support! Stay tuned for more updates as the project unfolds!

Please remember that the Middle School is always looking for ways to raise money for the student activity account, and Box Tops for Education is

a great way that families can contribute. Just cut them out and send them in with your student(s) to the Middle School office!

The Mahoosuc Kids Association is still looking for talented community members who are interested in getting paid to teach in their after school enrichment programs. The pay is \$10/hour and materials will be covered. Teachers can create their own course to meet for one full week, two weeks, once or twice a week, or whatever suits their schedule! Late busses will run Monday through Friday with a departure time of 5:15. This is an excellent opportunity for you to share your talents and crafts to ignite a spark in their lives.

The TMS Talent show will be held on March 9! Melissa Prescott held try-outs on Tuesday, Feb. 9.

Dodge for a Cure is coming up! This event is a charity dodgeball tournament typically between students and staff teams of eight, and is held after school. The event raises funds for cancer research at the Dempsey Center in Lewiston. This is our third year doing it and we have now opened it to parent teams as well. This event

is always really popular among the students and gets the staff involved for a fun afternoon. The tournament usually lasts a couple of hours where teams battle in a double bracket tournament to find the ultimate winner. The PTA has been a big supporter all three years by offering refreshments for sale at the event and even donating the funds they raised! This year we also hope to have a small raffle of donated items to generate more support. This tournament is a great cause for students to learn the value of charity and awareness while having a great time. This year it will be held March 10 after school from 3 to 5 p.m. in the Telstar gym and the community is welcome to come support and check out the fun.

Meanwhile, our after-school organizations continue to be very productive and are always open to new members! Below is a list of the organizations and meeting times that we have at TMS for students to join:

TMS Drama Club: Tuesdays and Thursdays 2:20 to 4.

Yearbook: Every other Wednesday 2:20 to 5.
Peer Ambassadors: Ev-

ery other Monday 2:20 to 5.
Wacky Weird Science: Wednesdays 2:20 to 5.
Minecraft Club: Mondays 2:20 to 5.

The TMS sports awards will be held on Thursday, Feb. 25. Players will stay with coaches after school until 4. Awards will be from 4 to 5 in the auditorium. Parents are encouraged to attend.

Bussing information: The week of Feb. 22, late busses will still run until 5:15. Following that, the late bus will only leave at 4:15, Monday through Thursday. No Friday late busses will run until spring sports start up.

Progress reports will be going home with students on Friday, Feb. 12. Please be sure to read these important comments about your child's progress as we are now mid-way through the trimester!

Winter fun day will be held Friday, Feb. 12. On this day, students will be participating in winter activities that will be happening all around the area. At Mt. Abram, there will be skiing and snowboarding, at Hobb's Luck Lanes there is bowling and at the Mexico Rec. Center there will be roller skating.

Backyard reflections

By SARA WRIGHT

Winter Birds

One of my favorite winter habits is bird watching. Early in the morning a whole bevy of mourning doves cluster around the base of my feeder as others sail into it scratching seed onto the ground with abandon. I draw in my breath sharply if a female cardinal dressed in an olive coat flies down to peck the seed below because her visits to the feeders are sparse. A caucus of blue-jays scream "here she comes" alerting the neighborhood that food is available. Juncos are around all day long, feeding on the ground. Swarms of goldfinches flit back and forth like bees from one feeder to the next. In January the goldfinches began to cluster in hundreds and are still around during the morning and mid day hours. They are so greedy that some days I take in my feeder to discourage them! Purple finches, two tree sparrows, and two white-throated sparrows are wintering over here, as is one robin. Chickadees and nuthatches are out and

about from dawn to dusk, delicately picking out one seed, flying away, and returning for another in a few seconds. Often when filling my feeder a chickadee will land on my head! The grouse family has finally stripped the last of my crabapples of her berries, and now they peck at seeds that are blown to the ground. I try to keep track of who is coming or going and note the distinct feeding patterns of different species. There is one small feeder hanging from an apple tree that I have to fill twice a day (when it's out) because it is the chickadees' favorite.

Hairy and downy woodpeckers are early risers and are always announcing their presence with a loud staccato like chirp as they land on the suet, or the open feeder. They have a tendency to avoid crowds. Most fascinating is the way they climb down the pines to snack in the protected area where I scatter a small amount of seed (small is the operative word here because ground feeding brings in the squirrels within minutes). Sometimes the pile-

ated woodpecker, who resembles a prehistoric raptor, makes an appearance around mid-day landing on a crabapple out front where I hang suet. He also announces his presence with an otherworldly laugh. The two kinds of nuthatches also climb down the pines to sip sap; they also use the open feeder.

Every year I have tufted titmice. This year I have two pairs but I have never had a titmouse sing during the winter like one of these little males does. He has three songs, one of which he begins to sing early in the morning; it is composed of three delicate whistles. He also has a shorter version of the same theme that he sometimes uses during the day. Another variation less frequently heard, perhaps my favorite, is his descending double whistle. I have started to call to him whenever I am outside and if he is around he answers me with the three whistles call. When I thank him for the concert he always responds with another song. Most birds are notoriously quiet dur-

ing the winter months and so I was delighted and mystified by this little fellow's proclivity for singing and was surprised to learn that titmice do apparently sing during winter thaws. More interesting is that there are at least eight distinct calls that have been identified as variations on three basic themes.

According to the literature the musical whistles I hear most of the day and the one this little bird sings to me is considered to be a morning call. Not so here - all of his calls can be heard all day. This little fellow has been singing throughout the month of December, January, and early February. If we have colder temperatures and more snow, I wonder if he will continue to serenade me? The soft gray blue coat, tufted cap and brilliant coal black eyes of this small bird is so appealing as he flits back and forth from branch to feeder, rustles through leaves in search of insects (yes, we still have insects) or hangs upside down on twigs to snack on bits of fat, but it is his songs that

so endear him to me. My friend and neighbor Rose tells me that she is enjoying her cardinals and I am surely enjoying mine. Every afternoon when I am home I sit down at my table, binoculars in hand to breathe in the peace of the twilight hours and to commune with the cardinals. I have reached the conclusion that there is something about these birds that embodies the "Spirit of Nature." Native peoples call them "Red-birds." Somewhat reclusive by nature the cardinals are not birds that flit back and forth to feeders all day long. They come only at certain times. Although somewhat sociable with their own kind, they dislike hoards of other birds and avoid feeding with them. I rarely see them at the open feeder except at dawn and dusk. Cardinals seem to prefer the protection of trees. I scan the pines for the first sight of the one male that has an ethereal bluish cast to his wings that is noticeable only when he is on the ground. The rest of the bird is fiery crimson. A truly gorgeous crea-

ture! Once he makes his appearance I feel palpable relief (A number of years ago I lost a male fledgling to a cat and a couple of adult male cardinals to unknown causes). This is when I fall into a meditative state, hyper-alert but sinking into the comfort of my body as I move into another dimension. The shift is so subtle that I barely notice the transition until I realize that I have lost time, and now it is too dark to see the birds. In the interim I have been watching the male cardinal and his ladies fly in to eat their favorite sunflower seeds, disappearing, and returning again and again until the curtain falls.

Because this has been an unusually mild winter so far I too am perched like one of my birds at the edge of the season because although the winter solstice has long passed and sun is journeying northward, the coldest winter days and the heaviest snowfall will probably come this month along with the first mating calls of the mourning dove. I'm glad I have plenty of birdseed.

Regular meetings

Andover

Mondays and Tuesdays, 4:30 p.m.: Andover Fitness Club, Andover Elementary School gym.

Bethel

First Sunday of month, 7 p.m.: Bethel Snow Twisters at 208 Walkers Mills Rd.

Third Sunday of each month, 9 a.m.: Breakfast open to the public at no charge at Bethel Church of the Nazarene.

Wednesdays, Yoga Classes with Yogamoto. Classes are held at 4:15 p.m. and 5:30 p.m. (no class Nov. 25) at the United Methodist Church Annex at 75 Main Street. Yogamoto is a donation-based nonprofit yoga practice. You pay what you can - suggested donation is \$5-\$15. Classes are one hour vinyasa flow and suitable to all skill levels. Proceeds are donated to local education. Private classes also available. FMI: www.yogamoto.com (207)200-3815 info@yogamoto.com

Last Wednesday of the month, 4:30 to 6 p.m.: Community Supper at Bethel Alliance Church. No charge. FMI: 207-824-2289.

Thursdays, 10 to 11 a.m.: Story Time for Children at Bethel Library (story plus craft) with participating mothers. October thru April. FMI: call 824-2520.

Second Thursday of the month, 10:30 a.m. to 12:30 p.m.; fourth Thursday, 10 a.m. to 2 p.m.:

Quilt Guild of Maine meet at the Alliance Church on Route 26 in Bethel. All quilters welcome. FMI: e-mail Pat McCartney at pquilts@yahoo.com or call 836-3575.

Third Thursday, Maine Mineral & Gem Museum holds Third Thursdays Tours & Talks. Winter months' feature presentations held in the Museum Store and Preview Gallery from 3-4:30 p.m. Summer months' feature tours at renowned regional geological sites. Summer times vary depending on tour location; check MMGM's website www.mainemineralgemmuseum.org and its newsletter calendar.

Saturdays; Yoga Classes with Yogamoto. Classes are held at 8am and 9:30am at the United Methodist Church Annex at 75 Main Street. Yogamoto is a donation-based nonprofit yoga practice. You pay what you can - suggested donation is \$5-\$15. Classes are one hour vinyasa flow and suitable to all skill levels. Proceeds are donated to local education. Private classes also available. FMI: www.yogamoto.com (207)200-3815 info@yogamoto.com

Rumford

Fourth Thursday of the month: 5:30-7 p.m., Rumford Public Library Friends 4th Thursday Poetry Group.

Woodstock

Second Saturday of month, 6 p.m.: Woodstock Historical Society meeting at the museum.

West Paris

Tuesdays 7:30 to 8:30 p.m.: West Paris Baptist Church group to foster wellness for anyone searching for faith based support. The group is intended for those facing the challenges of grief, loss, addiction, codependency, and abuse issues. Light refreshments will be provided.

Norway

Wednesdays 5:30 to 7:30 p.m., Beginner Fly Tying Classes; Norway Public Library's Teen Rec Room. Presented by the Cancer Resource Center of Western Maine with the support of the Mollycodd Chapter of Trout Unlimited, classes are free and all fly-tying tools and materials will be provided.

Third Wednesday of the month: Women's Imaging Center; Stephens Memorial Hospital, Norway, offering professional prosthetic and bra fittings for women on For appointment call 743-5993 Ext. 6851.

Second Thursday of the month, 9:30 to 11:30 a.m.: at the Harper Conference Center, Ripley Medical Office Building, 193 Main Street, Norway. Staying on Your Feet, a free one-time course for adults aged 60 and over. Course includes balance screening, blood pressure check, leg-strength measurement, and education on staying fit.

Fridays 9:15 a.m.: Oxford Hills Duplicate Bridge, Norway. For more information, call Les Buzzell at 783-4153 or 754-9153; or e-mail: buzzl16@myfairpoint.net.

FEB

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2016

Puzzles4Kids

by Helene Hovanec

CODED RIDDLE

Change each letter to the one that comes immediately BEFORE it in the alphabet to find a riddle and its answer.

Here's a copy of the alphabet to guide you:

ABCDEFGHIJKLMNOPQRSTUVWXYZ

XIBU EJE UIF DBU TBZ UP IJT

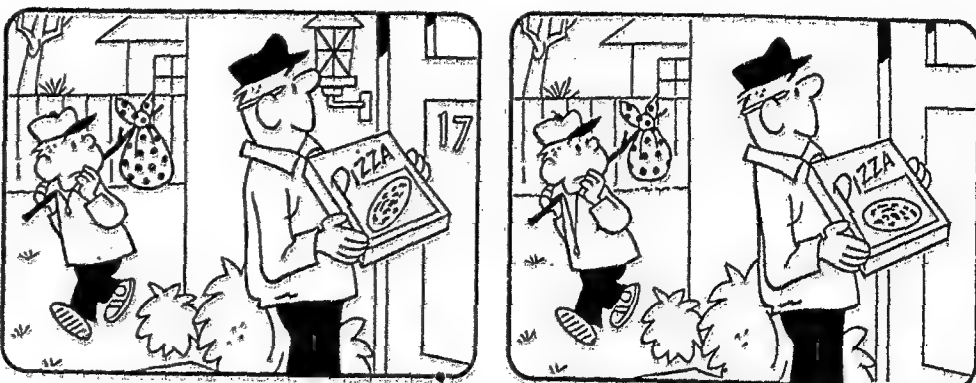
WBMFOUJOF? ZPV BSF QVSS-GFDU

GPS NF.

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



1. Jacket is missing. 2. Bag is smaller. 3. Body is slimmer. 4. Light fixture is missing. 5. Pizza box is moved. 6. Number is missing.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals Q, it will equal Q throughout the puzzle. Solution is accomplished by trial and error.

Clue: O equals Y

ADYU GBPVZ CKZLNTYW GNTY
BUC VYLNPY PBWWKYC, LNSGC
ONS ZBO QDYKW QAN DYBWQZ
VGYBQ BZ NUY?

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SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Deluge
WORSHE
Profuse
SIVAH
Groan
CAKER
Bewitch
ROMANE

TODAY'S WORD

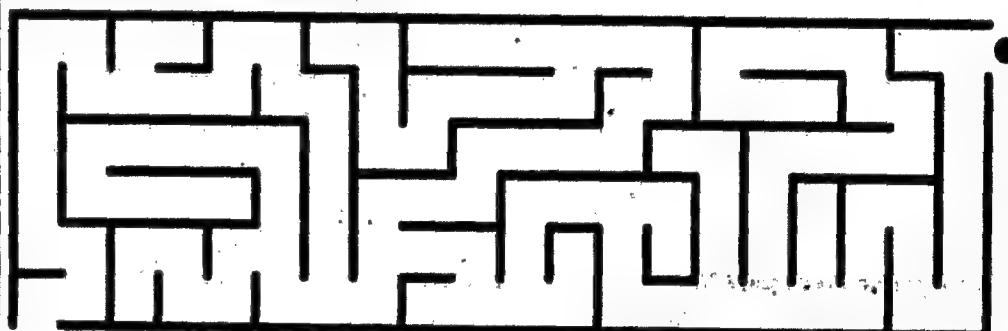
"Mother, when you're through with Daddy, may I use him for my

Super Crossword

FAMILY EXPANSION

- ACROSS**
- 1 It turns
 - 7 Strip a disguise from
 - 13 (#1 U2 album of 1991)
 - 20 Arrive like the tide
 - 21 Savage
 - 22 Less dull
 - 23 Rural
 - 26 Dreamcast producer
 - 27 Get as clear profit
 - 28 100-yr. period
 - 29 Heap (up)
 - 30 Trough for tolling bricks
 - 33 Extended cloth used for messy cold-weather meals?
 - 38 Hostile force
 - 40 Down food
 - 41 Purple spring blooms
 - 42 Wide-shoe letters
 - 43 Spool
 - 44 Gets firm
 - 46 Produced a napped surface on
 - 48 Chart showing the highs and lows of actress Ellen's career?
 - 51 LP replacers
 - 52 KGB's milieu
 - 56 "— all over!"
 - 57 Asian dress
 - 58 Alex of "The Godfather"
 - 61 Unit of work chopping?
 - 62 Orioles great Ripken
 - 63 Gp. for Qatar
 - 64 Sea in 75-
 - 65 "Now I see!"
 - 67 Matchstick-removing game
 - 68 Suffix with señor
 - 69 Item pinned on to support a Russian poet's election to office?
 - 72 Sarge, e.g.
 - 73 Abbr. for a handy-andy
 - 74 Mil. missions
 - 75 Qatar locale
 - 76 Lovers' deity
 - 77 Still
 - 78 Revise
 - 80 Prepare to give a ring?
 - 81 Horse father
 - 82 Beijing-to-Shanghai dir.
 - 83 Shot fluids
 - 84 "— see it ..."
 - 86 One of the Skywalkers dressed up as St. Nick?
 - 89 Kind of pear
 - 93 With skill
 - 94 Fir's cousin
 - 95 "Ender's Game" star
 - 98 Unmoving machine part
 - 99 Troop gp.
 - 100 They negate
 - 101 Afghan-wrapped football?
 - 106 "Help!"
 - 107 Guthrie at Woodstock
 - 108 B-to-F string
 - 109 Thai tongue
 - 110 "Think of — a loan"
 - 112 Foot lever
 - 114 Clean a jack-o'-lantern with
 - 120 More weighty
 - 121 Alicia of ballet
 - 122 Choose
 - 123 Aden citizens
 - 124 French edict site of 1598
 - 125 Nail coater
 - 28 Big name in shortening
 - 30 Weedkillers
 - 31 Singly
 - 32 James Fenimore Cooper novel, with "The"
 - 34 Grow wealthy
 - 35 "I — Male War Bride"
 - 36 History unit
 - 37 Suffix of enzymes
 - 39 Monogram in civil rights
 - 44 Grab quickly
 - 45 Departure
 - 46 Most prickly
 - 47 Trio less one
 - 49 Crustacean such as a wood louse
 - 50 Kudos
 - 53 Features of cloudless days
 - 54 Cuts, as pie
 - 55 Far-off distance
 - 59 Jewish mysticism
 - 60 "McQ" actor
 - 61 Speed skater Dan
 - 65 Of a heart chamber
 - 66 Shout of joy
 - 70 State east of Colo.
 - 71 Nuclear trial prohibition
 - 79 Catch cold
 - 80 Tartan skirt sporter
 - 84 First Constitution section
 - 85 Risen people
 - 87 Galileo's gp.
 - 88 Inclined (to)
 - 90 Petition, e.g.
 - 91 History unit
 - 92 Light refrain
 - 95 Disinterest
 - 96 "No —!"
 - 97 Glistening
 - 99 Hall-of-Fame footballer Mel
 - 100 Flower organ
 - 102 Dry, white Italian wine
 - 103 Strips for breakfast
 - 104 Currency unit of Laos
 - 105 Musical exercise
 - 111 Lab safety org.?
 - 113 Major racket
 - 114 U-Haul rental
 - 115 Capitalize on
 - 116 Cal. dozen
 - 117 — Jong-un
 - 118 Suffix with chlor-
 - 119 "— Blu Di-pinto di Blu" (1958 hit)

Kids' Maze

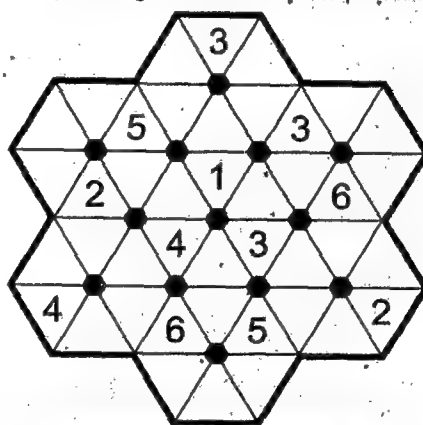


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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ♦

♦ Easy ♦♦ Medium ♦♦♦ Difficult

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Weekly SUDOKU

by Linda Thistle

7				5			9
	6		1				2
		4		8		6	3
	3			9		5	
8	1			3			4
		9	2				7
	7		4			6	
		2	5				8
5				7	6	1	

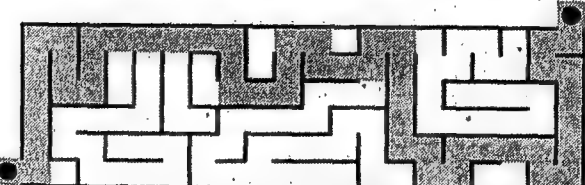
Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging

★★★ HOO BOY!

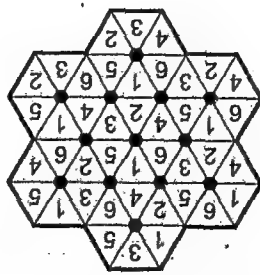
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Kids' Maze Solution

SCRAMBLERS
solution
1. Shower. 2. Lavish.
3. Creak. 4. Enamor
Today's Word
When lambs discover love and become married, could you say their two hearts beat as one?

Puzzles4Kids
Answer
What did the cat say to his Valentine?



SNOWFLAKES

solution

5	9	8	3	7	6	1	4	2
6	4	2	1	9	7	3	8	5
3	7	1	8	4	2	9	6	5
4	5	9	6	2	8	3	7	1
8	1	6	7	5	3	2	9	4
2	3	7	4	9	1	5	8	6
1	2	4	8	7	6	5	3	9
9	6	5	1	3	4	8	2	7
7	8	3	6	2	5	4	1	9

ANSWERS

Weekly SUDOKU — Answer

Author to visit Bethel Library

On Saturday, Feb. 20 at 1 p.m., Maine writer Naya Clifford will read from, discuss, and sign her debut novel, *Into the North Woods*, at the Bethel Library.

Readers of *Into the North Woods* will adventure across the crest of the Appalachian Trail, into the lives of a Maine family thrust into the center of an environmental controversy. Against the backdrop of the majestic White Mountains, college student Richard Atwood and his girlfriend, Breeze, meet Striker, an iconic environmental activist. Together, they descend into radical fanaticism fed by pseudo-scientific internet sites and their own growing urgency to save the planet.

Readers will cheer on the Atwood family as they take a stand for their heritage and stand firm against extremist beliefs while helping Richard discover his true self through his family. *Into the North Woods* is written as an allegorical commentary on the rise of religious extremism through internet connections to radical terror groups.

Professionally, Clifford works as a teacher and clinical social worker. She is completing a doctoral degree in disability studies at the University of Maine. She lives in Maine with her husband, Robert, and their children.

Copies of *Into the North Woods* will be available for purchase at the event, and light refreshments will be provided. For more information, call the Bethel Library at 824-2520.

Free Fishing Weekend approaches

The Maine Department of Inland Fisheries and Wildlife is reminding everyone to take advantage of the upcoming free fishing weekend.

On Saturday, Feb. 13 and Sunday, Feb. 14, any person may fish for free without a license on Maine's waterways, except those who have had their license suspended or revoked. All other rules and regulations, including bag and possession limits, apply.

"Fishing during the winter is a wonderful way to get out of the house and make memories with family and friends that are sure to last a long time," said Governor Paul R. LePage. "We offer this free

fishing weekend in the hopes that more and more people will be introduced to the many winter fishing opportunities Maine offers, particularly on our frozen lakes and ponds. And remember, safety first. Please check the condition of the ice before you go out."

"Whether on open water or ice, fishing is one of the most popular activities in Maine. Maine's nearly 6,000 lakes and ponds and more than 30,000 miles of rivers and streams offer endless opportunities for the thousands of residents and non-residents who fish them each year," said Chandler Woodcock, IFW Commissioner. "The free fishing weekend is a great

chance for people to try fishing for the first time or for more experienced anglers to teach a child the joys of the sport."

Due to varying weather conditions this winter, game wardens are reminding everyone to be cautious and check ice conditions before venturing out. The general guidelines for ice safety are a minimum of four inches of solid ice for on foot travel and six to eight inches for snowmobiles and ATVs. Due to uneven temperatures and high winds, ice conditions are currently very unpredictable and it is not advisable to drive vehicles onto the ice.

"Test the thickness of the ice using an ice chisel or

ice auger in several locations on the lake or pond," said Major Chris Cloutier of the Warden Service. "Remember that new ice is usually stronger than old ice and ice seldom freezes uniformly. Ice that forms over flowing water and currents, especially near streams, bridges and culverts, can be particularly dangerous."

The Department will also offer a free fishing weekend on June 4 and 5.

For a complete list of fishing regulations, including limits and sizes, visit www.mefishwildlife.com

For additional ice and winter safety tips, visit <http://www.maine.gov/wordpress/inside/fw/2014/12/31/ice-safety-tips/>

Your Guide to Area Services

AUTO REPAIR	CONSTRUCTION	HEALTHCARE	MASSAGE	RENTALS	TENT RENTAL
Berlin City Collision Center 545 Main Street Gorham, NH 1-800-795-2438 x314911 Rhino Lining Oil Undercoating Paintless Dent Repair Free Estimates Rentals on Site Pick up & delivery Service for repair appointments. Work with all Insurance Companies Berlin City Auto Group = easy	Piawlock Construction Custom Homes FRAMING • SIDING • FINISH WORK ROOFING • REMODELING Fully Insured - Free Estimates Mike Piawlock Bethel, Maine 04217 • Cell: 207-357-6994	Bethel Physical Therapy Services Central Maine Physical Therapists 312 Mayville Rd., Bethel 824-4895 www.rumfordhospital.org	 MOUNTAIN VILLAGE Spa • Massage KATH BERKELEY, LMT, LMS 207-357-1264 207-357-1264	Four Seasons Property Management & Rentals  Specializing in Vacation Rentals in the Greater Bethel Area Units Ranging From One Bedroom Condos to 5 Bedroom Luxury Homes. www.FourSeasonsReallyMaine.com 207-824-3776	OLSON'S TENT RENTAL Theme Song  Having a Party - Eating Cake If you don't have an Olson's Tent You're making a Big Mistake 20 x 40 \$200 • 30 x 50 \$450 (within reasonable distance) (207) 875-5765 • Bethel
	FINANCIAL PLANNING  SUMMIT Insurance & Financial Services LLC RONALD J. THERIAULT Registered Representative 30 YEARS EXPERIENCE (207) 364-7285 fax: (207) 514-8123 812 PINE STREET, RUMFORD SECURITIES OFFERED THROUGH FIRST ASSET FINANCIAL INC. (FAT) 110 E. POND AVE. BAINBRIDGE, ME 04206 702-925-5050, MEMBERS FINRA, SIPC • SUMMIT INSURANCE & FINANCIAL SERVICES LLC IS NOT AFFILIATED WITH FAT.	 NEIL DONOVAN Masonry CALL 824-2113 BRICK • BLOCK • STONEWORK		TRAVEL Quest Travel Lori Swain FULL SERVICE TRAVEL COUNSELOR Home: 824-3409 Cell: 357-9508 3 Annis Rd., Bethel • loriquesttravelinc.com • www.questtravelinc.com	
		HEATING  Dead River Company 33 Prospect Street, Rumford, ME 04276 Ph: 207-364-3751 • 1-800-339-3751 Fax: 207-369-0154 www.deadriver.com	MASONRY PAINTING Interior / Exterior Spraying Free Estimates Mark Hindman P.O. Box 641 Bethel, Maine 04217 (207) 357-0933 If it doesn't move... I'll paint it!	Luxury Rentals of Maine Rental Agent with over 10 years experience Looking for Properties to Represent Are you ready to rent your Home, Condo, or Camp? GUARANTEED RENTALS! Professional Cleaners Contact Jacqui Morin (207) 890-5357 jasmine@roadrunner.com	Tree Service Rice Tree Service  Sheldon Rice Maine Licensed Arborist Member Maine Arborist Association Complete Tree Service • Removals Pruning • Chipping Stump Grinding • Lot Clearing (207) 583-2474 Waterford, ME Fully Insured
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Davis Mountain Builders Carpentry & General Contracting MIL-TBP-41 compliant  Kevin LaRue (207) 665-2348 (207) 357-6160 Cell	GIFT BASKETS Gift Baskets Shop locally and help support our community Premade or Custom Made We can ship anywhere in the country! AND the Best Fudge in Western Maine!  MAINE LINE PRODUCTS Maine Line Products (not in the store office) 23 Main Street • Bethel Maine 207-824-2522 Maine Line Products Marketplace Route 26 • Locke Mills, Maine 207-875-2522	HOME REPAIR AJAX HOMECARE Maintenance & Repair "No Job too Small" "Low Rates" 1-800-729-9220	PARTY SUPPLIES  For All Your Party Needs... Balloons • Helium Tank Rentals Decorations • Party Items & Supplies We Party Supplies Rumford Rd., Rt. 2 Bethel, Maine 207-824-4999 Open Tues. - Sat.	WASTE & RECYCLING D&E Sanitation Service 299 Walkers Mills Road Bethel, ME 04217 (207) 824-8320 Mon. - Fri. 8 - 4	
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Preference will be given to candidates who possess a valid Maine CDL with an "S/P" endorsement but training for that license may also be available.

The successful candidates will work only during the normal school year calendar.

For further information about the duties of an oncall school bus driver, please see Ronnie Deegan at the school bus transportation garage on 197 Main Street Bethel ME or call 824-2471.

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MATH TEACHERS - Telstar High School

MSAD 44 is looking to build a new and exciting mathematics department and is seeking qualified candidates to join the Telstar High School teaching staff. This is an opportunity for one teacher or a team of teachers to focus on developing our math department from the ground up - with an emphasis on standards based teaching and a focus on individualizing learning to best meet the needs of our students. We encourage applications from individuals or teams of math teachers who are looking to create new and exciting opportunities for math instruction. Past success in the classroom as well as interests in technology, STEM and Robotics would be a plus. The ability to work closely with students and parents in a caring and supportive environment is a must!

MATH TEACHER - GRADE 7 Telstar Middle School
Math 7-12 or General Elementary K-8 certification accepted

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All applicants must have valid Maine Department of Education, Educational Approval License (CHRC) and appropriate Certification for the position they are applying for. Positions will be filled when qualified candidates are identified. If interested in one of the above positions, please submit an application form (available at www.sad44.org), letter and supporting documents to the MSAD #44 Superintendent's Office, One Parkway Suite 204, Bethel, ME 04217. E.O.E.

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The Greenwood/Woodstock Transfer Station has openings for Volunteers to run the G & W Swap Shop. The Swap Shop will only be open when a volunteer is present and will not open during the winter months. Duties include: coordinating volunteer schedules, monitoring and organizing Swap Shop inventory and keeping unwanted items from being left at the facility. Volunteers must be available to be on call during Transfer Station hours in the event a large donation is left at the Shop.

All interested volunteers should please contact the Town of Greenwood for more information.

Town of Greenwood
Attn: Kim Sparks
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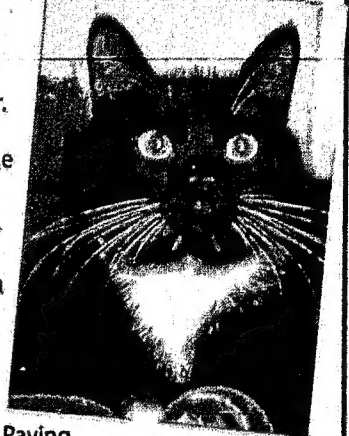



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ADOPT *love companionship.* PET OF THE WEEK:

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Spooks is a quiet kitty. She is working on her social skills and has become a very good listener. There is a delightful twinkle in Spooks' eyes every time someone stops to talk to her.



Spooks is a black and white, tuxedo cat with lovely, long, white whiskers. She can be timid when first approached. However, she is touchable and enjoys a good head scratching.

If you think money can't buy happiness, try adopting Spooks. Paying for her adoption will make bring happiness to both you and your new, best friend, Spooks.

Responsible Pet Care of Oxford Hills is a no-kill, non-profit shelter and adoption center for cats and dogs, and the holding area for stray dogs for 12 towns in Oxford County. Anyone interested in adopting a pet from RPC can visit the shelter at 9 Swallow Road in South Paris Tues, Wed, Thurs: 12-4 pm; Fri: 12-6pm; Sat & Sun: 12-5pm. Most of the adoptable pets and the adoption application can be found online on the shelter's website at www.rpc.petfinder.com. For answers to questions about adopting or fostering a pet, or to make an inquiry about a lost animal, CALL RESPONSIBLE PET CARE AFTER NOON AT 743-8679.

Pet of the Week is Sponsored By

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FEB

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2016

Obituaries



LEE (LINA) AMANN

Lee (Lina) Amann passed away peacefully at home in hospice care on Feb. 2, 2016 surrounded by her loving children after a brief battle with congestive heart failure. Lee was a vibrant, self-reliant and outgoing person who touched the lives of many, from family and friends to the hundreds of students she educated over a long and rewarding career as a school teacher. Many of her students came from disadvantaged backgrounds and Lee took a special pride in nurturing and encouraging them to achieve their potential. When it came to family, Lee was selfless, kind and caring... Always there when needed and always with an "Anything for you" attitude...

One of her favorite sayings was that the longest journey begins with but a single step... and she was never reluctant to be the first to take that step.

Born in Newark, N.J. on Sept. 27, 1926 to parents Pasquale and Carolina Orlando D'Alessio, Lee graduated from Barringer

High School in 1944, fell in love and married William F. Amann after World War II in 1946, began raising a family while working her way through college, and graduated from New Jersey State Teachers College in 1957. Lee was a natural athlete who excelled in track, field hockey and tennis, a sport she enjoyed through much of her adult life.

Lee was predeceased by her parents; her sisters Katherine LePore, Rosemary D'Alessio, Marie LeVendusky, and her brother Sam D'Alessio. She is survived by her three children; Bill (Cindy) Amann, John (Amy) Amann, and Carole (Frank) Del Duca; eight grandchildren and six great-grandchildren, as well as nieces and nephews (who have many fond memories of "Aunt Lee").

The family wishes to extend its thanks and appreciation to the doctors, nurses, care givers and all hospice individuals who provided support and care during the past few months; and special thanks to Cousin Linda for her emotional and spiritual support during Lee's final days. Online condolences may be shared with her family at www.chandlerfunerals.com.

The family is making plans for a brief memorial service on Sept. 24, 2016 at noon at Our Lady of the Snow Church in Bethel, followed by a Celebration of Life gathering. Arrangements are under the care of Chandler Funeral Homes & Cremation Service, 37 Vernon Street, Bethel.

ARTHUR HICKS

Arthur Hicks of Hanover, Maine passed away Tuesday, Feb. 9 with his family by his side.

He is survived by his wife of 44 years, JoAnne Murphy Hicks of Hanover, sons Nathan Hicks, his wife and daughter Anne and Hadley; Benjamin Hicks, his wife and daughter Alicia and Stella.

Arthur attended Texas A & M where he studied aeronautical engineering and spent many hours jumping with the A & M sky diving team.

After leaving A & M he flew for American Airlines, during which time he was called into the Vietnam War as an air traffic controller.

Upon coming home he flew for Pizzagalli Construction while attending business school at University of Vermont. He sold Aero Commander aircraft and Brockway trucks before starting C.B. Kenworth Inc., which sold and serviced commercial trucks throughout the State of Maine.

Arthur loved alpine skiing, so much so that he and his wife retired to the Sunday River area so they could be closer to the community that they loved so much. In his later years he returned to his first passion, flying aerobatic planes competing across the country.

A memorial service will be held Friday, Feb. 12 at 11 a.m. from the Jones Rich & Hutchins Funeral Home, 199 Woodford St., Portland.

Prime Time Ski Club news

To paraphrase Forrest Gump, skiing in Maine is like a box of chocolates, you never know what you are going to get. How about those soft, spring-like conditions last week when temperatures at Sunday River ski area rose above freezing and we received some liquid precipitation which made for delightful soft snow underfoot if you didn't mind sleet pellets pounding your face. Some other days we've had well-groomed trails and on other days we've had our share of "New England hard packed."

Besides a winter known for not much natural snow, it has also been a winter of many sunless days, creating flat light conditions which make it difficult to see the contours of the snow while skiing. These flat light conditions have prompted several of our Prime Time Ski Club members to look for ski goggles that are effective in low-light conditions and I thought I would share some of the goggle information they have gathered.

All ski goggles will offer some basic protection from wind and cold but the biggest difference between goggles is the lenses. There are cylindrical lenses that curve horizontally while remaining flat vertically. They offer good performance at a lower cost. Spherical lenses curve both horizontally and vertically around your face which gives you better peripheral vision, reduced glare, less distortion and reduced chance of fogging but cost more than cylindrical lenses.

There are dozens of lens colors to choose from and

each color will filter light differently. Some lenses are designed to perform much better in low light, low visibility situations. Typical colors for low light lenses are yellow, rose and blue. Lenses that function better on sunny days typically come in dark colors such as black, gray and gold. Some goggles have interchangeable lenses so you can select a color lens that works in either low light or on sunny days. Another consideration in selecting goggles is the size of the frame.

There are women-specific goggles which have a smaller size frame and there are over-the-glasses frames if you wear prescription glasses. When you try on a goggle, make sure that there are no gaps between the foam and your face for wind or snow to flow through especially around the bridge of the nose, that the goggles fit with your helmet and that there is no gap on your forehead between your helmet and the goggles.

Once you invest in a new pair of goggles use only a soft cloth to blot (wiping is abrasive) the outside of the goggle lens to dry. Don't wipe the inside of the goggles as you could remove the anti-fogging coating. Store your goggles in the soft sack that usually comes with them which also doubles as a goggle cleaning cloth.

Once you have your new goggles you'll be anxious to ski in all light conditions so why not join the Prime Time Ski Club members for a fun, mid-week ski if you are 50 or older. Club members meet at 10 a.m. at North Peak Lodge, upper level to the right, just beyond the bar. Some members also meet at 8:30 a.m. or so in the Mahosuc Room at South Ridge base lodge to boot up and get to the lifts as soon as they open at 9. Check out our website at www.primetimeskiclub.com and plan to join us for some fun runs.

Great Maine Outdoor Weekend in Andover

The Pineland Ski and Outing Club, Inc. and Mahosuc Pathways, Inc. at a recent meeting have planned an outing for the Great Maine Outdoors Weekend in mid-February. A half mile trip via XC skis or snowshoes to the lean-to on the Akers ski trails in Andover is scheduled for after lunch on Sunday, Feb. 14. Snacks and a small bonfire for cooking marshmallows and hotdogs will be provided by the Pineland Ski Club. All ages and abilities are welcome.

Those not familiar with the trails will be given a guided tour at 1:30 p.m. from the Akers Ski Parking Lot in Andover Village. The bonfire will be at the Lean-to between 1:30 and 3:30 p.m. There is no charge to use the ski trails at any time courtesy of Leon and Trudy Akers, owners of the wood lot. The Pineland Ski Club is hoping to be more active and welcomes new members and their ideas.

Woodstock Republicans to meet

The Woodstock Republican Committee will be meeting on Sunday, February 21 to prepare for the upcoming Republican Caucus. All registered Republicans in the town of Woodstock are invited. This is an opportunity to meet like minded people in your community. We will also be discussing the challenges that affect working people in Maine and the United States, the progress made, and what we, as citizens, can do to ensure Maine and its people keep moving forward. All Republicans registered in the Town of Woodstock are welcome.

The meeting will be held at 61 Rumford Ave., Bryant Pond, at 2:00pm. Please call 665-2049 to let us know you're coming or for more information.

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